



SKILLS & LEARNING

Adult Community Education

Course Guide

Learn something new. Improve your confidence. Better your future.

Skills & Learning Adult Community Education 2024/25
Bournemouth - Christchurch - Poole - Dorset

800+ Courses **100+** Subjects **30+** Centres

skillsandlearningace.com



Dorset Council




Your Adult Education Journey Starts Here!

We are Skills & Learning, the joint adult community education provider for BCP Council and Dorset Council.

Over the last decade, we have helped over 38,000 adults across Dorset to improve their skills, gain confidence and better their future.

We offer daytime, evening and weekend courses in over 100 subject areas. This guide is an overview of our 2024/25 courses.

Visit our website at www.skillsandlearningace.com to view all courses and more information. Also, discover accessibility and translation tools to help you navigate our website. Look for this symbol: 

Alternatively, you can contact us by calling 01202 123444 or by email enquiries@salbcp.com

 Like us on Facebook: www.facebook.com/SkillsandLearningACE

“

Skills & Learning is one of the top performing adult education providers in the country with some of the highest learner satisfaction rates in Dorset. We are proud of our national reputation for success, and you will find us a welcoming and supportive place to learn new skills and improve your wellbeing. ”

- Lesley Spain, Principal Learning Manager

Sustainability

At Skills & Learning we are proactively working to make a positive difference to reduce the impact of climate change locally and help Dorset communities understand sustainability and how they can make small changes to make a real difference to our environment, health and wellbeing.

This course guide is made of paper from sustainable sources and has been designed and distributed to have as low an environmental impact as possible.

This year, by implementing changes in printing and distribution, we've saved over 6 million sheets of paper. Our dedicated staff are continuously developing and improving our processes to further reduce paper usage and ultimately achieve a paperless environment.

To find out more about how we are working to be more sustainable as an organisation, visit our website:

skillsandlearningace.com/about/sustainability

+38,000
Learners since 2013

98%
Learners likely to undertake further learning - 21/22 survey

94%
Learners said they gained confidence - 21/22 survey

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Request this in another format

If you'd like to request this information in another format, please get in touch today. Email: enquiries@salbcp.com

View all courses online

Online, you can browse our courses by day, location, subject and much more. You can also make use of 30+ accessibility tools and translate information to a choice of 30+ languages.

Visit: www.skillsandlearningace.com/courses

Policies and Terms & Conditions

You can view our full terms and conditions and policies at www.skillsandlearningace.com/policies For more information on any of these, please email our team on enquiries@salbcp.com.

Find a course near you...



We operate from...

Allendale House, Wimborne
 Blandford Adult Learning Centre (ALC)
 Bournemouth Library
 Bourne Community Hub (CH)
 Bridport LSI
 Christchurch Library and Learning Centre (LLC)
 East Stour Village Hall
 Dolphin Centre, Poole
 Dorchester Library and Learning Centre (LLC)
 Drutt Hall, Christchurch
 Digby Hall, Sherborne
 The Barrington Centre, Ferndown

Courses also operate from other venues across Dorset.

For more information about venues and courses available visit our website

www.skillsandlearningace.com/our-centres/

Kings Park Leisure & Learning Centre (LLC)
 Gillingham Library
 Rossmore Library and Learning Centre (LLC)
 St Edward's School, Poole
 Gold Hill Museum
 The Spire, Poole
 Hengistbury Head Education Centre
 Upton House
 Weymouth and Learning Centre (LLC)
 Henry Brown Centre, Bournemouth
 The Exchange, Sturminster Newton
 and many more...

Online courses

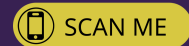
Learn from anywhere with our online and Distance Learning courses.

Key

- Main Skills & Learning Centre
- Skills & Learning Extension Centre

Curious about our centres?

Scan the QR code with your phone camera to explore them virtually!



● Blandford

● Wimborne

● Poole

● Bournemouth

● Christchurch

1995

Adult Education was founded across the three boroughs Poole, Bournemouth and Dorset

2010

Poole and Bournemouth Adult Learning merged to form Skills & Learning Bournemouth and Poole

2013

It was then merged with Dorset Adult Learning to become Skills & Learning Bournemouth Dorset & Poole

2019

Bournemouth, Christchurch, Poole councils merged to form BCP council so we became Skills & Learning Adult Community Education

Careers

We offer FREE careers advice, information and guidance services to everyone, whether you've studied with us before or are new to adult education.

As part of our commitment to every learner, Skills & Learning offer a high quality, impartial, relevant and confidential free service. The service provides Careers, Education, Information, Advice and Guidance. Our team, will work with you to understand your learning and career goals and to support you in reaching your potential.

Regardless of your starting point, we will work with you to create an action plan based on your goals and the steps needed to get there. We can support you in finding a job, progressing at work or just taking the "next step" in your learning journey.

Information Advice and Guidance Appointments

Our team can advise on alternative Skills & Learning courses, volunteering, or non work-related activity. You can book a free one to one appointment with our IAG team. We offer appointments either virtually (through Teams) or over the phone. You can book using our online system.

Book your appointment today online at skillsandlearningace.com/learning-with-us/next-steps

Sector Based Work Academies (SWAPs)

Sector-based Work Academies help prepare those receiving unemployment benefits to apply for jobs in a specific area of work for which they receive training and support. They consist of:

- Pre employment training including employability skills matched to the needs of the sector
- A work experience placement or input from the employer
- A guaranteed job interview

Skills & Learning partners with Jobcentre Plus and leading employers to deliver Employability Skills for various SWAPs, including Healthcare Support Worker and GP Administration with plans to expand to other sectors. To be eligible, you must be unemployed, claiming UC/JSA/ESA, and referred by Jobcentre Plus.

For more information please contact your work coach.

Employability programmes

Pathways

A structured 7 session programme that focuses on understanding and overcoming barriers, transferable employability skills (including self-employment) and understanding the local job market.

- Explores job searching and networking techniques
- Provides tailored CV and covering letter advice
- Practical job application and interview skills training
- Signposts to disability friendly and age diverse employers

Free Online Course Bundles for Unemployed Adults

Our bundles of courses can help you gain the knowledge needed for a new job opportunity! Learners can improve skills and knowledge whilst working towards a certificate of achievement. All online course bundles can be studied independently from home at any time. Choose from:

- Customer Service Advisor
- Hospitality Assistant
- Administrator
- Cleaner
- Support Worker (Working with children)
- Support Worker (Mental health)
- Support Worker (Substance Abuse)
- Health Care Assistant
- Manager
- Employability Essentials

NHS Pre-Employment Training

A structured practical course for unemployed learners who struggle to navigate their way through the NHS recruitment process. This programme focuses on completing an NHS Trac application and also includes:

- Producing a high-quality supporting statement
- Practical interview skills training
- Information, advice and guidance regarding NHS careers

Scan the QR code to see our upcoming courses.

View latest courses and apply online today!



SCAN ME

We are Matrix certified to deliver unbiased careers advice and guidance.



SKILLS FOR LIFE MULTIPLY

Multiply is a government-funded programme that aims to help adults across the UK to improve their numeracy skills. The Multiply programme offers adults aged 19 and above, living in the UK, the opportunity to build the skills needed to confidently use numbers in everyday life with **FREE courses** that focus on developing practical skills and using numbers in a way that is fun and easy to get to grips with.

Who is Multiply for?

Adults aged 19+ who do not currently have a GCSE in Maths or equivalent but still feel you need to improve your numeracy.

How much does it cost?

Multiply numeracy courses are fully funded by the Government, so they are completely free.

How can I search for courses and enrol?

Visit our website: [skillsandlearninggace.com](https://www.skillsandlearninggace.com) or contact our friendly customer services team on **01202 123444** or email: enquiries@salbcp.com

Courses

Multiply courses are short courses: between 2 and 12 hours. They are available in centres across Dorset and online throughout the year with Skills & Learning, Weymouth College, BCHA Learn, Whitehead Ross Education and EDAS.

Get Number Confident (6 weeks)

A short intensive course for those who want to build confidence in using numbers in everyday situations.

Get Money Confident (6 weeks)

A short course designed to help you understand, manage and take back control of your finances.

Help Your Child with Maths (4 weeks)

This free online course is specifically designed to cater for adults who want to be able to support their child with learning maths. The sessions will get you thinking with a range of activities that can be enjoyed in your own home and completed at your own pace.

visit our **Multiply page** for the full range of courses:
www.skillsandlearninggace.com/multiply



Who is 'Skill Up' for?

If you are economically inactive or unemployed and receiving Carers Allowance, Personal Independence Payment, or have a child under 3 years we can support you.

How much does it cost?

The 'Skill Up' programme is funded by the Government, so it is completely **FREE**.

What will you get?

You will receive your own dedicated coach to support you on your personal journey. Our coaches will take the time to understand your needs and help to address any barriers you may have. Funding can also be made available for those participants who are unable to access relevant training.

How do I apply?

Contact our friendly team on **01202 123444** or email SkillUp@salbcp.com to see if you are eligible.

The 'Skill Up' initiative is a government-funded programme available only through Skills and Learning, and is for economically inactive people who are looking to move towards work.






Qualification Courses

The subjects and courses shown on pages 08–20 are designed to support you and your local community with new skills.

All entry level, level 1 and level 2 course fees are already part subsidised by the government, helping to keep the costs low for our learners. You may be eligible for further discounted fees...

Study for Free

if...

- Your total income (including benefits) is less than £25,000 a year.
- You may be able to study for free. Look for courses with this symbol 


Free Courses for Jobs

If...

- Your total income (including benefits) is less than £25,000 a year.

You may qualify for: **Advanced Learner Loans or an Instalment plan**

Most learners aged 19+ studying at Level 3, 4, 5 or 6 will qualify for these loans from the UK government. It's easy to apply and there's no credit check. You won't have to pay anything back until your income is over £25,000 a year.

All courses with this  symbol are eligible for an Advanced Learner Loan, to help you cover the course fees.

To qualify you must be:

- Aged 19+
- Living in the UK on the first day of your course

Please call us on **01202 123444** to find out more about the support we offer and to apply.

Anyone can opt to pay for a course with an instalment plan. **All courses** with a minimum full cost of **£100** qualify.

Learning Support

Our Learning Support team can help you overcome barriers to make the most of adult education. This includes providing specialist and technological support for learners with learning disabilities, as well as financial support towards childcare and travel costs to enable you to study.

To find out more about learning support visit our website:

skillsandlearningace.com/learning-with-us/support or call us on **01202 123444**

Maths courses

If you want to improve your maths skills for work, further study, to support your children with their homework, or to simply make everyday life a bit easier, then you've come to the right place.

Introductory

Maths for Everyday Entry 1-Entry 3 up to 35 weeks - Fully Funded

This is a supportive and friendly course for anyone who would like to learn the basics of maths and build their confidence.

Get Ready For Maths - Top Tips for Mental Maths - 3 weeks - Fully Funded

This course is for anyone who wants to improve their mental maths skills. You will learn some quick ways of solving maths questions and improve your mental maths recall in a supportive environment.

Functional Skills

Functional Skills Maths - Summer Starter - 11 weeks - Fully Funded

This course is for those who would like to begin a Functional Skills Maths qualification and are ready to start in the summer term.

Functional Skills Maths Online Level 1- Level 2: Skills for Life and Work up to 36 Weeks - Fully Funded

For learners wanting to improve their confidence with maths and work towards a Level 1 or Level 2 Functional Skills Maths qualification. This is an online course taught at set times.

GCSE Maths - 30 weeks

A GCSE Maths course supports you to build a strong foundation in mathematical concepts and problem-solving skills and gain a widely recognised academic qualification for work or higher education.

Courses start in September and our tutors will guide you through the course content to help you prepare to sit exams in the summer. These intensive courses are completed within 9 months so personal motivation and a commitment to home study is essential for success.

For more information visit our website.

To explore upcoming courses visit:
skillsandlearningace.com/subjects/maths
 scan the QR code or call: 01202 123444

How to enrol:

To apply for any of our maths courses, you will first need to book a place on an Admission Session.

Our friendly team will work with you to assess your starting level and help choose the right course for you, so you will never feel out of your depth.

Get Ready For Maths - The Tricky Bits Made Easy! - 3 weeks - Fully Funded

This is a supportive and friendly session where you will learn some hints and tips for solving maths questions. You will learn about number patterns and sequences, all of which are helpful for anyone going on to do Functional Skills maths.

Functional Skills Maths Entry 3- Level 2: Skills for Life and Work up to 36 weeks Fully Funded

For learners wanting to improve their confidence with maths and work towards an Entry Level 3, Level 1 or Level 2 Functional Skills maths qualification.

Flexi Functional Skills Maths Level 1-2 No fixed length - Fully Funded

This course is for people who are not able to attend any of our other courses due to work or family commitments. You will have access to a tutor, but you need to be highly motivated and able to complete learning tasks in your own time.



SCAN ME

English courses

If you want to improve your English skills for work, further study, to support your children with their homework, or to simply make everyday life a bit easier, then you've come to the right place.

Introductory

English for Everyday Entry 1-Entry 3 up to 35 weeks - Fully Funded

For learners wanting to increase confidence and develop basic skills in reading, writing and communication for use in day-to-day life.

Get Ready For English - Succeed When You Read - 3 weeks - Fully Funded

This course will help you to fully understand what you read and answer questions about a text. You will learn about language is used to suit different purposes.

Functional Skills

Functional Skills English - Summer Starter - 11 weeks - Fully Funded

This course is for learners wanting to improve their skills and confidence with English and towards an English qualification .

Functional Skills English Online Level 1-Level 2: Skills for Life and Work up to 35 weeks - Fully Funded

This online tutor-led course will help you improve your reading, writing, spelling and speaking and listening skills. It leads to a qualification in Functional Skills English.

GCSE English - 30 weeks

This course will develop your reading, writing, critical thinking, and analytical skills, all while strengthening your communication abilities. You'll gain a deeper understanding and appreciation for the power of language and literature This course allows you to gain a widely recognised academic qualification for work or higher education.

Courses start in September and our tutors will guide you through the course content to help you prepare to sit exams in the summer. For more information visit our website.

How to enrol:

To apply for any of our English courses, you will first need to book a place on an Admission Session.

Our friendly team will work with you to assess your starting level and help choose the right course for you, so you will never feel out of your depth.

Get Ready for English: Top Tips for Spelling - 3 weeks - Fully Funded

If you are keen to improve your spelling this course is for you. You will learn about different spelling patterns and hints and tips to help you with your writing.

Functional Skills English Entry 3-Level 2: Skills for Life and Work up to 35 weeks - Fully Funded

This classroom-based course will help you improve your reading, writing, spelling and speaking and listening skills. It leads to a qualification in Functional Skills English.

Flexi Functional Skills English Level 1-2 - No fixed length - Fully Funded

This course is for people who are not able to attend any of our other courses due to work or family commitments. You will have access to a tutor, but you need to be highly motivated and able to complete learning tasks in your own time.

To explore upcoming courses visit:
skillsandlearningace.com/subjects/english
 scan the QR code or call: 01202 123444



Psychology and Biology



GCSE Courses

Looking for a recognised qualification? Our GCSEs are intensive 9 month courses, designed to help you access further education, enhance your career prospects and improve your knowledge and skills.

Introductory courses

Introduction to Psychology - 7 weeks

Fee £84

An interesting, fun and friendly short course that will help you develop your knowledge and understanding of Psychology at a simple level.

Get Ready for Online Learning: Psychology Fully Funded

This introductory course is designed for anyone considering studying psychology online with us. You will gain the tools and strategies you need to thrive in a virtual learning environment.

Qualification courses

GCSE Psychology - 30 weeks

Fee £450 

On this course you will explore the social and cognitive influences on the brain and neuropsychology to gain a deeper understanding of some of the psychological issues some individuals face. You will also study research methods and learn more about some of the key figures and theorists within the field.

GCSE Biology - 30 weeks

Fee £482 

This course offers an overview of key biological concepts, skills and techniques. You will learn about topics such as cell biology, the human body, disease, genetics and ecology.

Why study Psychology or Biology?

Studying a GCSE Biology or Psychology with us can give you the knowledge and skills to help you progress into further study or careers where a science qualification is required.


To apply, visit our website and fill in the application form for your chosen course.

Please note these GCSE courses each have 2 exams which are mandatory to attend. Exams are held between May and June 2025. You will need to be available on these exam days and be able to travel to Poole. For exam dates and more information, please visit our website.

skillsandlearningace.com/learning-with-us/exams

To explore upcoming courses visit: skillsandlearningace.com, scan the QR code or call: 01202 123444



 SCAN ME

English for Speakers of Other Languages (ESOL)



Uczyć się angielskiego



ةيزيلجنلا ملعتا



Вчити англійську



Aprende inglés



هرك هدز يسيلگنا



Invata engleza



Aprender inglês



学英语



Tanulj angolul



เรียน ภาษาอังกฤษ กฤษ



學英文



Выучить английский язык

Learning English in a relaxed, friendly class can help you to understand and talk to others. This makes everyday life easier and boosts confidence. You can also gain a qualification in reading, writing, speaking and listening. These qualifications can improve work prospects and lead you to further education.

We have worked closely with both BCP and Dorset councils to create supportive educational provision for those arriving in the UK from other countries and those already living and working here.

You will have to apply for an admission session before you can enrol on a course. Fees may apply depending on circumstances.

You can view this information and all courses in over 40 languages! To translate our website, click on the blue eye in the bottom right corner and click 'English USA' and select your language.

Beginner	Entry level 1	Entry level 2	Entry level 3	Level 1	Level 2
Everyday ESOL	ESOL Full qualifications covering: Reading, Writing, Speaking and Listening. 14 and 35 week courses available.	ESOL Full qualifications covering: Reading, Writing, Speaking and Listening. 14 and 35 week courses available.	ESOL Full qualifications covering: Reading, Writing, Speaking and Listening. 14 and 35 week courses available.	ESOL Full qualifications covering: Reading, Writing, Speaking and Listening. 14 and 35 week courses available.	ESOL Full qualifications covering: Reading, Writing, Speaking and Listening. 14 and 35 week courses available.
ESOL Conversation No qualifications. 10 week courses available. These optional extra conversation classes will help you to communicate with others. You can practise your skills in a friendly, supportive environment which will improve your learning and understanding of English Conversation.					

Progress onto GCSE or Functional Skills English

To book your admission session visit:
skillsandlearningace.com/subjects/english-for-speakers-of-other-languages-esol
 or call us on: 01202 123444

Computing and Digital Skills



According to the 2023 Consumer Digital Index, 25% of the population do not have the digital skills needed to interact with online services. If you relate to this and would like to develop your IT skills, then we have a course for you...

Introductory

ICT for Beginners - 8 weeks

Fully Funded

This is an 8-week introductory course for those with little to no experience of working with computers to help build your confidence in using a mouse and keyboard and producing text on the computer

Advanced ICT - 24 weeks **Fully Funded**

A more in depth 24-week course covering the use of Word, Excel, PowerPoint providing solid knowledge and skills.

Get Ready for Online Learning -

1 day - Fee £8

This online course will introduce you to online learning tools and skills to help you focus in achieving your academic goals.

Principles of Cyber Security -

18 weeks - Fee £481

This 18 week online course will introduce the knowledge and issues relating to cyber security.

Functional Skills

We also offer qualification courses at Entry 3 and Level 1. These courses enable you to build upon your existing digital skills knowledge to support you in using technology to access real situations both in life and work.

Digital Functional Skills Entry 3 -

19 weeks - Fully Funded

This course is leading to a qualification and helps to build confidence in using basic digital skills in everyday life. This classroom-based course will cover communication, handling information and content, transacting, problem solving and being safe and legal online.

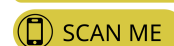
Digital Functional Skills Level 1 -

19 weeks - Fully Funded

This course is leading to a qualification and helps to build confidence to use basic practical digital skills in everyday life and work situations. This classroom-based course will cover communication, handling information and content, transacting, problem solving and being safe and legal online.

Entry Level 1 / Beginner	Entry Level 2	Entry Level 3	Level 1	Level 2
ICT For Beginners 8 weeks Get Ready for Online Learning 1 weeks	ICT For Beginners 8 weeks	Digital Functional Skills 19 weeks	Digital Functional Skills 19 weeks	Advanced ICT 24 weeks Principles of Cyber Security 18 weeks
	→	→	→	→

To explore upcoming courses visit: skillsandlearningace.com, scan the QR code or call: 01202 123444



Counselling



Our Counselling courses give you the opportunity to learn what it means to be a Counsellor and gain new knowledge and skills. We offer introductory courses and courses which allow you to gain a qualification.

Introductory courses

Introduction to Counselling

7 weeks - Fee £84

This course provides a basic introduction to counselling skills. It is strongly recommended that you complete this course if you are considering applying for Level 2 Counselling Skills.

How to enrol:

Introductory courses

You can enrol on these courses online or by phone.

Accredited courses

We are offering the courses listed below from September. To be considered for a place, please book an admission session through our website or call us on 01202 123444

Qualification courses

Counselling - CPCAB Level 2 Certificate - 34 weeks

Fee £486

This accredited course provides you with the knowledge and skills required for a career in a counselling setting and the opportunity to progress onto a Level 3 qualification.

Counselling - CPCAB Level 2 Certificate Fast Track - 23 weeks

Fee £486

This accredited course provides you with the knowledge and skills required for a career in a counselling setting and the opportunity to achieve a Level 2 qualification and progress onto a Level 3 qualification in less time.

Counselling - CPCAB Level 3 Certificate - 36 weeks

Fee £811

This accredited course is for those who have already acquired a recognised qualification and wish to learn more about counselling theory, ethics and mental health in readiness for practising as a counsellor.

Therapeutic Counselling - CPCAB Level 4 Diploma - 2 years

Fee £4,670

This accredited course provides you with the knowledge and skills required to work as a therapeutic counsellor.

If you'd like to apply for level 4, please contact us.



Mental Health and Wellbeing

Learning about mental health and wellbeing is a great way to gain an understanding of how you can support yourself and others.

We offer a range of accredited and non-accredited courses to help you gain understanding and awareness of mental health to use in your personal or work life. Whatever your goals are, our expert designed programme of courses will help you get there.

Awareness Courses

Awareness of Mental Health Problems Level 2 Certificate - 14 weeks - Fee £591

This qualification is designed for anyone looking to develop their understanding of mental health, and the problems that can cause mental ill health, leading to a Level 2 qualification.

Mental Health Awareness - 1 day - Fully Funded

An introductory course, designed to increase awareness of different mental health conditions, potential risk factors, signs and symptoms and the importance of protecting and maintaining wellbeing.

Mindfulness

Mindfulness in the Park - 1 day - Fee £21

Taking place at Upton Park this course is designed to suspend judgement and unleash your natural curiosity about the workings of the mind, approaching your experience with warmth and kindness - to yourselves and others.

Dementia Awareness - 1 day - Fully Funded

This course has been designed for the use of anyone, whether that be a family member, friend, colleague, employer or carer. It offers key information for the user to better understand the condition and what support is available.

How to enrol:

Introductory courses

You can enrol on these courses online or by phone.

Accredited courses

We are offering the courses listed below from September. To be considered for a place, please book an admission session through our website or call us on 01202 123444

Exploring Mindfulness - 5 weeks - Fully Funded

During this course you will receive both group and individual support to help you learn more about mindfulness. You will explore simple breathing and relaxation techniques. This course is participative, and includes information giving, demonstration, discussion and working together.



To explore upcoming courses visit:
<https://www.skillsandlearningace.com/subjects/mental-health-and-wellbeing/>
 scan the QR code or call: 01202 123444



Beauty, Nails and Spa

Our Beauty, Nails and Spa courses are a great way to find a new passion, discover new job prospects or build on your existing skills. We offer courses covering all things beauty – from makeup and waxing to sports massage.

Beauty

Beauty Specialist Techniques - VTCT Level 2 Diploma - 30 weeks **Fee £1,899**

This course enables you to gain the practical and theoretical skills required to provide professional beauty treatments in waxing, manicure and pedicure, facial skincare, eye treatments and make-up.

Eyelash Lift and Eyebrow Tint - One Day Workshop **Fee £131**

This course enables you to gain the practical and theoretical skills required to provide a professional eyelash lift and lash/brow tinting service.

Nail Technology

Liquid and Powder Nail Enhancements - VTCT (ITEC) Level 2 Certificate - 30 weeks **Fee £1,026**

This course enables you to gain the practical and theoretical skills to carry out liquid and powder enhancements.

Nail Technology - VTCT (ITEC) Level 3 Diploma - 30 weeks **Fee £1,645**

This course enables you to gain the practical and theoretical skills required to provide more advanced professional nail techniques and achieve a Level 3 Diploma.

Massage

Sports Massage - VTCT (ITEC) Level 3 Diploma - 28 weeks **Fee £1,417**

This course enables you to gain the practical and theoretical skills required to provide sports massage therapy in the sports and fitness industry.

Lash Extensions - One Day Workshop **Fee £131**

This course enables you to gain the practical and theoretical skills required to provide professional eyelash extensions

How to enrol:

Workshops and taster courses

You can enrol on these courses online or by phone.

Accredited courses

To be considered for a place, please book an admission session through our website or call us on **01202 123444**



Learn in our professional training salon!
Find us upstairs in Poole Adult Learning Centre at The Dolphin Centre!
Scan the QR code to explore our upcoming courses!



To explore upcoming courses visit:
skillsandlearningace.com/subjects/beauty-and-therapies
or scan the QR code or call: 01202 123444

Hairdressing and Barbering

Whether you have some experience or not, we offer courses at various levels and abilities to support you in gaining knowledge and qualifications in hairdressing and barbering.

We offer courses for all levels. Our introductory courses are great to gain an insight into the field, followed by our Level 1 and Level 2 VTCT courses to help you gain a highly respected qualification and the skills, understanding and knowledge needed to work within the industry.

Introductory courses

Barbering - Introduction - 12 weeks

Fee £176 (£)

This course enables you to gain an introduction to the barbering industry, develop your practical skills and how you should present a professional image. It will give you a foundation for further study and enable you to assist in a salon.

Hairdressing - Introduction - 10 weeks

Fee £312 (£)

This course enables you to gain an introduction to the hairdressing industry, develop your practical skills and how you should present a professional image. It will give you a foundation for further study and enable you to assist in a salon.

Qualification courses

Barbering - VTCT Level 2 Certificate - 34 weeks

Fee £925 (£)

This qualification has been designed to develop a limited number of barbering skills to a high level of occupational ability and will prepare you to enter the men's hairdressing sector.

Women's Hairdressing - VTCT Level 2 Certificate - 30 weeks

Fee £1,655 (£)

This qualification has been designed to enable learners to gain the necessary practical skills and knowledge to prepare learners for employment as a junior hairdresser/stylist.

How to enrol:

Introductory courses

You can enrol on these courses online or by phone.

Accredited courses

To be considered for a place, please book an admission session through our website or call us on 01202 123444

About our salon...

Wella Certified



Our new Hair Salon in the Dolphin Centre, Poole, is exclusively a WELLA salon! This means we only use professional, high quality Wella products. This helps us give you a better learning experience, and also prepares you for the workplace, where professional products like Wella are used as standard. Learning with them gives you first hand experience and knowledge of products.

Part of the Green Salon Collective



We are proud to be a Green Salon. We recycle as much waste as possible, (including hair!) to reduce environmental impact, and teach our students how to be more sustainable in the hair industry.

Model appointments

We welcome model appointments for our beauty, hairdressing and barbering students to help them gain real life experience. Whether you'd like a beard trim and tidy, to refresh your colour or maybe even a restyle – you are welcome in our salon.

Appointments from £3.50! Book online at skillsandlearningace.com/book-salons

To learn in our professional training salon visit:
skillsandlearningace.com/subjects/hairdressing-and-barbering,
 scan the QR code or call: 01202 123444



Working in...



Education and Training

Our Education and Training courses provide you with the skills, knowledge, experience and qualifications required to work in this sector.

Working in Schools

City & Guilds Support Work in Schools Level 2 Award - 15 weeks **Fee £324** 

This knowledge based Level 2 qualification is suitable for all roles in schools and introduces how you can support learning activities within the classroom.

Working in Further Education

City & Guilds Education & Training Level 3 Award - 10 weeks **Fee £378**

This online course provides you with the skills needed to gain a teaching qualification which is knowledge-based and has no minimum teaching practice requirement.

City & Guilds Assessing Vocational Achievement Level 3 Certificate
6-9 months **Fee £811** 

This qualification provides people who carry out assessment in their organisation with the opportunity to develop and improve their practice.

City & Guilds Internal Quality Assurance of Assessment Processes and Practices Level 4 Award - 26 weeks **Fee £421**

This qualification provides people who conduct internal quality assurance process with the opportunity to develop and improve their practice.

How to enrol:

Introductory courses

You can enrol on these courses online or by phone.

Accredited courses

To be considered for a place, please book an admission session through our website or call us on **01202 123444**

Health and Social Care

Introductory courses

Introduction to Support Work - 6 weeks **Fee £79** 

A starting point for those exploring careers in adult or children's social care, mentoring, advocacy, learning support, and supporting adults with learning disabilities.



To explore upcoming courses visit: skillsandlearningace.com/subjects or call: 01202 123444

Distance Learning

Distance learning courses are online based courses where you, the learner, can work at your own pace and complete at times convenient for you. This offers flexibility if you have other commitments, such as work or caring for others.

Health and Social Care

Improving Personal Exercise and Nutrition - NCFE CACHE Level 2 Certificate - Fee £165

This distance learning course is designed for those who wish to learn how to improve their personal health and well-being leading to a Level 2 qualification.

Principles of Dementia Care - NCFE CACHE Level 2/3 Certificate - Fee £165/£811

This distance learning qualification enables learners to develop knowledge and understanding of caring for individuals with dementia, successful completion of the units will allow learners to develop in-depth knowledge and understanding of dementia and its effects.

Common Health Conditions - NCFE CACHE Level 2 Certificate - Fee £165

This distance learning qualification will develop your knowledge and understanding of various common health conditions,

Principles of End of Life Care - NCFE CACHE Level 2 Certificate - Fee £165

This distance learning qualification will provide you with the knowledge and understanding required to understand the principles of end of life care.

Understanding Specific Learning Difficulties - NCFE CACHE Level 2 Certificate - Fee £165

This distance learning qualification will provide you with the knowledge and understanding required to successfully work with individuals with learning difficulties.

Understanding Behaviour that Challenges - CACHE Level 2 Certificate - Fee £165

This distance learning qualification is designed for learners with some knowledge of this area who are interested in improving their understanding of challenging behaviour.

Choose your course and apply online or over the phone

Visit our website to enrol online, or call us.

Complete a short online assessment

We will then send you information and instructions on how to complete a short assessment to ensure you will be enrolled on a class suited to your ability.

Enrol on a course

Subject to your assessment, we can then enrol you on your course.

Understanding Nutrition & Health - NCFE CACHE Level 2 Certificate - Fee £165

This distance learning qualification is designed for learners with some knowledge of this area who are interested in improving their understanding of nutrition and health.

Understanding the Care and Management of Diabetes - NCFE CACHE Level 2 Certificate - Fee £165

This distance learning qualification will help you get into, or progress within employment in the healthcare or social care sectors, in a variety of job roles where an understanding of the care and management of diabetes is required.

Preparing to Work in Adult Social Care - NCFE CACHE Level 2 Certificate - Fee £165

A distance learning opportunity for learners who are interested in, or new to, working in adult social care in England.

Understanding Autism - NCFE CACHE Level 2/3 Certificate - Fee £165/811

This qualification will develop in-depth knowledge and understanding of autism, which supports progression into relevant employment in the health and social care sector.

Principles of Working with Individuals with Learning Difficulties - NCFE CACHE Level 2 Certificate - Fee £165

This course will provide you with the knowledge and understanding required to successfully work with individuals with learning disabilities.

Working with Children and Young People

Caring for Children and Young People NCFE CACHE Level 2 Certificate - Fee £165 (£)

This distance learning qualification is designed for learners with some knowledge of this area who are interested in improving their understanding of children and young people's mental health.

Awareness of Bullying in Children and Young People - TQUK Level 2 Certificate - Fee £165 (£)

This distance learning qualification is designed for learners with some knowledge of this area who are interested in improving their understanding of children and young people's mental health.

Understanding Children and Young People's Mental Health - NCFE CACHE Level 2 Certificate - Fee £165 (£)

This distance learning qualification is designed for learners with some knowledge of this area who are interested in improving their understanding of children and young people's mental health.

Business

Event Planning - TQUK Level 2 Certificate - Fee £165 (£)

The purpose of this distance learning qualification is to develop learners' knowledge and understanding needed to enable them to plan and evaluate events.

Lean Organisation Management Techniques - TQUK Level 2 Certificate - Fee £165 (£)

The purpose of this distance learning qualification is to develop learners' knowledge and understanding relevant to providing services in business which improves performance.

Principles of Customer Service - NCFE Level 2 Certificate - Fee £165 (£)

This distance learning course will give you underpinning knowledge to help enable you to progress within Customer Service job roles.

Mental Health

Understanding Mental Health - NCFE CACHE Level 3 Certificate - Fee £811 (£)

This distance learning course is ideal for those who would like to increase their knowledge and understanding of mental health and well-being. It is an in depth course leading to a Level 3 qualification.

Awareness of Mental Health Problems - NCFE CACHE Level 2 Certificate - Fee £165 (£)

This distance learning qualification is designed for anyone looking to develop their understanding of mental health, and the problems that can cause mental ill health, leading to a Level 2 qualification.

Information, Advice and Guidance - NCFE CACHE Level 2 Certificate - Fee £165 (£)

This distance learning course is suitable if you deliver information, advice or guidance and if you want to gain a qualification for the work you do.

Principles of Business Administration - NCFE Level 2 Certificate - Fee £165 (£)

This is a distance learning course which will give you underpinning knowledge to help enable you to progress within Business & Administration job roles.

Principles of Team Leading - TQUK Level 2 Certificate - Fee £165 (£)

This distance learning course will provide you with the knowledge and understanding required to successfully lead a team.



To explore upcoming courses visit:
skillsandlearningace.com/subjects/distance-learning, scan the QR code or call: 01202 123444



SCAN ME

Bookkeeping and Accounting

We offer a range of courses to help you gain the skills and knowledge needed to maintain your self-employed bookkeeping records or for you to make your own career in finance.

Level 1

Bookkeeping AAT Level 1 Award

15 weeks - Fee £327 

This course provides you with the skills and knowledge to perform basic bookkeeping routines in preparation for progression onto a Level 2 course.

Level 3

Bookkeeping - AAT Advanced Certificate Level 3

34 weeks - Fee £1,265 

This course provides the skills and knowledge required for job roles working in bookkeeping and accounting or financial business administration.

Why study Bookkeeping and Accounting?

Bookkeeping and accounting is about far more than just managing money - it's about ensuring businesses are financially compliant, healthy and able to grow. We offer courses for all abilities, so whether you're looking to make the first step into this industry, or are well established and would like to refresh your skills, we have something for you.

All our tutors are fully qualified and knowledgeable in both the bookkeeping and accounting industries, and teach courses for all levels. From introductory courses up to level 3, we will support you to gain new qualifications to boost your prospects, confidence and ability.

Level 2

Bookkeeping - AAT Level 2 Certificate

21 weeks - Fee £599 

This course allows you to achieve a recognised qualification suitable for employment in a bookkeeping job role.



How to enrol:

Level 1 accredited courses

You can enrol on these courses online or by phone.

Level 2 and Level 3 accredited courses

You can enrol on these courses through our website or call us on **01202 123444**

To explore upcoming courses visit: skillsandlearningace.com/subjects//bookkeeping-and-accounting

Alternatively, you can scan the QR code or call us for more information on: 01202 123444





Learning for Life, Health and Wellbeing

The subjects and courses shown on pages 22-41 are designed to support you and your local community to learn new skills without the pressure of exams.

Most of our community learning courses are already part subsidised by government funding, keeping the cost low for our learners. You may be eligible for further discounted fees...

Concessionary Discount

On courses with codes that start with the letters “PL, PS, PT”

If you are in receipt of any of the following you can claim up to 40% off course fees (subject to proof):

- Tax credits (Working Tax Credits combined with Child Tax Credits, Child Tax Credits only or Working Tax Credits combined with disability element). Household gross annual income from your current award letter should be £19,995 or less. Use your most recent award letter - if this is for the current financial year, your income will be estimated and will be accepted.
- Housing or Council Tax support
- Income Support or Guarantee Pension Credit (not savings credit)
- Job Seekers Allowance (income based)
- Universal Credit
- Job Seekers Allowance (contribution based)
- Attendance Allowance
- Disability Living Allowance
- Personal Independence Payment
- Incapacity Benefit - Higher or Longer-Term Rate
- Employment and Support Allowance
- Industrial Injuries Benefit
- Carer's Allowance
- War Disablement Pension
- Social Services Cardholders
- Armed forces personnel and their immediate family members

You can also see all courses eligible for our concessionary discount on our website - simply apply the concessionary filter at <https://www.skillsandlearningace.com/courses/> **To claim this discount, please enrol over the phone or at our centres in Poole, Bournemouth, Dorchester, Blandford or Weymouth.**

Tell us what you want!

Whilst we try and offer a varied programme it is difficult to be all things to everyone in Dorset. We have created waiting lists on our website where you can register your interest in a particular subject and advise us of your preferences. Once we have enough interest, we can organise courses and contact all those who registered their interest to enrol. We also organise many other courses to meet the needs of the community – please get in touch if you'd like us to organise something for your community.

The Early Bird Discount: Enrol before 31st July 2024 to receive a 10% discount on selected wellbeing courses.



Arts and Crafts

Whether you are a beginner or a practising artist, our arts and crafts courses will let your creativity flourish while also giving you a chance to build on your knowledge.

Why study arts and crafts?

Studying arts and crafts not only allows you to express your creativity, but also to expand your knowledge and build on your current skills. It is a chance to explore skills you may not know you had, and meet new, like-minded people.

We have courses available across Dorset including painting, drawing, jewellery making, flower arranging, textiles, sewing and much more. The possibilities are endless!

“The course was something completely different for me to attempt, and while I was a bit out of my depth I found the experience really interesting and motivating. It was an interior design course and opened my eyes to all kinds of amazing possibilities” - Practising Artist

“In this difficult time our Art classes have inspired us to get out the paints several times a week and do 2/3 hours of painting. Very good for our health and wellbeing.” - Practising Artist

Ceramics & Glass

Ceramics in Summer - 3 weeks

Fee £105

ZN1080G Thu 10:00-12:30 01/08/2024 Blandford ALC

Summer Pottery School - 4 weeks

Fee £112 / £140

ZN1112G Wed 10:00-12:30 07/08/2024 Blandford ALC

ZN1113G Wed 18:30-20:30 07/08/2024 Blandford ALC

Pottery for Complete Beginners - 10 weeks

Fee £280

ZN1100G Mon 18:30-20:30 23/09/2024 Blandford ALC

ZN1101G Mon 18:30-20:30 13/01/2025 Blandford ALC

Creative Ceramics - 5 weeks

Fee £140

ZN1081G Tue 10:00-12:00 24/09/2024 Blandford ALC

ZN1082G Tue 10:00-12:00 05/11/2024 Blandford ALC

ZN1083G Tue 10:00-12:00 14/01/2025 Blandford ALC

ZN1084G Tue 10:00-12:00 25/02/2025 Blandford ALC

ZN1085G Tue 10:00-12:00 22/04/2025 Blandford ALC

Give It A Go! Pottery for Beginners - 5 weeks

Fee £140

ZN1093G Tue 13:00-15:00 24/09/2024 Blandford ALC

ZN1094G Tue 13:00-15:00 14/01/2025 Blandford ALC

ZN1095G Tue 13:00-15:00 25/02/2025 Blandford ALC

Pottery for Fun: Beginners - 5 weeks

Fee £140

ZN1103G Tue 18:30-20:30 24/09/2024 Blandford ALC

ZN1102G Tue 18:30-20:30 05/11/2024 Blandford ALC

ZN1105G Tue 18:30-20:30 14/01/2025 Blandford ALC

Wonderful Wednesdays on the Potters Wheel - 5 weeks

Fee £140

ZN1087G Wed 10:00-12:00 25/09/2024 Blandford ALC

ZN1088G Wed 10:00-12:00 15/01/2025 Blandford ALC

ZN1089G Wed 10:00-12:00 26/02/2025 Blandford ALC

Throw Down Thudays in the Pottery Studio - 5 weeks

Fee £175

ZN1114G Thu 14:00-16:30 26/09/2024 Blandford ALC

ZN1115G Thu 18:30-21:00 26/09/2024 Blandford ALC

ZN1116G Thu 14:00-16:30 07/11/2024 Blandford ALC

ZN1117G Thu 18:30-21:00 07/11/2024 Blandford ALC

ZN1118G Thu 14:00-16:30 09/01/2025 Blandford ALC

ZN1119G Thu 18:30-21:00 09/01/2025 Blandford ALC

Fusion Friday - Creative Glass Work for Beginners - 5 weeks

Fee £140

ZN1272G Fri 10:00-12:00 27/09/2024 Blandford ALC

ZN1273G Fri 10:00-12:00 08/11/2024 Blandford ALC

ZN1274G Fri 10:00-12:00 17/01/2025 Blandford ALC

Introduction to Senior Friendly Pottery - 4 weeks

Fee £112

ZN1098G Mon 10:00-12:00 30/09/2024 Blandford ALC

ZN1099G Mon 10:00-12:00 20/01/2025 Blandford ALC

Senior Friendly Pottery - 6 weeks

Fee £168

ZN1109G Mon 10:00-12:00 04/11/2024 Blandford ALC

ZN1110G Mon 10:00-12:00 24/02/2025 Blandford ALC

ZN1111G Mon 10:00-12:00 02/06/2025 Blandford ALC

Creative Glass Work for Complete Beginners - 5 weeks**Fee £140**

ZN1266G Wed 18:30-20:30 25/09/2024 Blandford ALC
 ZN1267G Wed 18:30-20:30 15/01/2025 Blandford ALC
 ZN1268G Wed 18:30-20:30 26/02/2025 Blandford ALC
 ZN1269G Wed 18:30-20:30 23/04/2025 Blandford ALC
 ZN1270G Wed 18:30-20:30 04/06/2025 Blandford ALC

Creative Ceramics Beginners: Festive Inspiration - 5 weeks**Fee £140**

ZN1092G Wed 10:00-12:00 06/11/2024 Blandford ALC

Creative Glass Work for Festive Inspiration - 5 weeks**Fee £140**

ZN1271G Wed 18:30-20:30 06/11/2024 Blandford ALC

Ceramics at Christmas - 3 weeks**Fee £105**

ZN1079G Sat 10:00-12:30 23/11/2024 Blandford ALC

Inspired Ceramics: Clarice Cliff - 2 weeks**Fee £84**

ZN1097G Mon 10:00-13:00 12/05/2025 Blandford ALC

Drawing**Life Drawing for Pleasure - 8 weeks****Fee £250**

ZN1188G Mon 18:30-21:00 23/09/2024 Dolphin Centre
 ZN1189G Wed 18:30-21:00 09/10/2024 Blandford ALC
 ZN1191G Mon 18:30-21:00 13/01/2025 Dolphin Centre
 ZN1192G Wed 18:30-21:00 22/01/2025 Blandford ALC
 ZN1193G Thu 18:30-21:00 23/01/2025 Dorchester LLC
 ZN1194G Wed 18:30-21:00 23/04/2025 Blandford ALC
 ZN1196G Mon 18:30-21:00 12/05/2025 Dolphin Centre

Just Drawing Beginners - 5 weeks**Fee £88 Concessionary Fee £53**

PL1183G Wed 10:00-12:30 25/09/2024 Allendale House
 PL1184G Wed 10:00-12:30 24/04/2025 Allendale House

Drawing and Sketching Beginners - 8/10 weeks**Fee £145 Concessionary Fee £87**

PL1169G Thu 19:00-21:00 26/09/2024 Barrington Centre
 PL1170G Wed 10:00-12:30 22/01/2025 Allendale House

Exploring Drawing - 5 weeks**Fee £88 Concessionary Fee £53**

PL1175G Wed 10:00-12:30 06/11/2024 Allendale House
 PL1176G Wed 10:00-12:30 04/06/2025 Allendale House

Life Drawing for Pleasure - 5/6 weeks**Fee £157/£188**

ZN1190G Thu 18:30-21:00 07/11/2024 Dorchester LLC
 ZN1195G Thu 18:30-21:00 24/04/2025 Dorchester LLC
 ZN1197G Thu 18:30-21:00 05/06/2025 Dorchester LLC

Using Pencil and Ink for Beginners - 5 weeks**Fee £70 Concessionary Fee £42**

PL1074G Thu 10:00-12:00 16/01/2025 Kings Park LLC LLC

Exploring Drawing for Beginners - 5 weeks**Fee £53 Concessionary Fee £32**

PL1178G Wed 19:30-21:00 15/01/2025 East Stour Village Hall
 PL1180G Wed 19:30-21:00 04/06/2025 East Stour Village Hall



Mixed Media

Arts & Crafts Workshop to Bring Out Your Inner Child 1 day

Fee £53

ZN1127G Sat 10:00-13:00 21/09/2024 Dolphin Centre
ZN1128G Sat 10:00-13:00 25/01/2025 Dolphin Centre

Drawing and Painting Beginners - 8/10 weeks

Fee £145 Concessionary Fee £87

PL1160G Wed 13:00-15:00 25/09/2024 Kings Park LLC
PL1161G Thu 14:00-16:00 26/09/2024 Christchurch LLC
PL1066G Wed 10:00-12:30 09/10/2024 Dorchester LLC
PL1162G Wed 13:00-15:00 15/01/2025 Kings Park LLC
PL1163G Thu 14:00-16:00 16/01/2025 Christchurch LLC
PL1164G Wed 13:00-15:00 23/04/2025 Kings Park LLC

Drawing and Painting: Landscapes - 8 weeks

Fee £117 Concessionary Fee £70

PL1166G Thu 10:00-12:30 26/09/2024 Hengistbury Head EC

Mixed Media for Beginners 5/8 weeks

Fee £70/£140 Concessionary Fee £42/£84

PL1068G Wed 10:00-12:00 06/11/2024 Kings Park LLC
PL1067G Thu 10:00-12:30 10/10/2024 Weymouth Library
PL1069G Thu 10:00-12:00 05/06/2025 Kings Park LLC

Painting

Landscapes Painting for Beginners - 10 weeks

Fee £145 Concessionary Fee £87

PL1185G Mon 14:00-16:00 23/09/2024 Kings Park LLC
PL1186G Mon 14:00-16:00 13/01/2025 Kings Park LLC
PL1187G Mon 14:00-16:00 28/04/2025 Kings Park LLC

Painting for Pleasure and Relaxation - 8/10 weeks

Fee £145 Concessionary Fee £87

PL1199G Tue 10:00-12:00 24/09/2024 Dolphin Centre
PL1203G Wed 13:30-16:00 09/10/2024 Dorchester LLC
PL1205G Tue 10:00-12:00 14/01/2025 Dolphin Centre
PL1207G Wed 13:30-16:00 22/01/2025 Dorchester LLC
PL1211G Tue 10:00-12:00 22/04/2025 Dolphin Centre

Painting for Pleasure and Relaxation - 5 weeks

Fee £53/70 Concessionary Fee £32/42

PL1200G Wed 19:30-21:00 25/09/2024 East Stour Village Hall
PL1202G Thu 13:00-15:00 26/09/2024 Gold Hill Museum
PL1204G Thu 13:00-15:00 07/11/2024 Digby Hall
PL1208G Wed 19:00-21:00 26/02/2025 East Stour Village Hall
PL1209G Thu 13:00-15:00 27/02/2025 Digby Hall
PL1210G Thu 13:00-15:00 27/02/2025 Gold Hill Museum
PL1212G Thu 13:00-15:00 24/04/2025 Digby Hall

Watercolour Painting: Open to All - 8/10 weeks

Fee £145 Concessionary Fee £87

PL1221G Tue 13:00-15:00 24/09/2024 Dolphin Centre
PL1222G Thu 18:30-21:00 26/09/2024 St Edwards School
PL1225G Tue 13:00-15:00 14/01/2025 Dolphin Centre
PL1226G Thu 18:30-21:00 16/01/2025 St Edwards School
PL1075G Wed 10:00-12:30 22/01/2025 Dorchester LLC
PL1227G Tue 13:00-15:00 22/04/2025 Dolphin Centre
PL1231G Thu 19:00-21:00 24/04/2025 Barrington Centre
PL1077G Thu 10:00-12:30 24/04/2025 Weymouth LLC

Exploring Drawing for Beginners - 5 weeks

Fee £70 Concessionary Fee £42

PL1179G Thu 13:00-15:00 16/01/2025 Gold Hill Museum
PL1181G Thu 13:00-15:00 05/06/2025 Gold Hill Museum

Drawing and Painting: Local Flora and Fauna - 8 weeks

Fee £117 Concessionary Fee £70

PL1167G Thu 10:30-12:30 16/01/2025 Hengistbury Head EC

Drawing and Painting: Seascapes - 8 weeks

Fee £117 Concessionary Fee £70

PL1168G Thu 10:30-12:30 24/04/2025 Hengistbury Head EC

Mixed Media: Intermediate - 5 weeks

Fee £70 Concessionary Fee £42

PL1198G Wed 10:00-12:00 04/06/2025 Kings Park LLC

Summer Arts & Crafts Workshop - 1 day

Fee £42

ZN1154G Thu 14:00-16:00 17/07/2025 Christchurch LLC



Acrylic Painting for Beginners - 5/10 weeks

Fee £145/£70 Concessionary Fee £87/£42

PL1156G Thu 13:15-15:15 26/09/2024 Kings Park LLC
PL1073G Thu 10:00-12:00 07/11/2024 Kings Park LLC
PL1157G Thu 13:15-15:15 16/01/2025 Kings Park LLC
PL1158G Thu 13:15-15:15 24/04/2025 Kings Park LLC

Portrait Painting for Beginners - 10 weeks

Fee £145 Concessionary Fee £87

PL1217G Fri 19:00-21:00 27/09/2024 Kings Park LLC
PL1218G Thu 19:00-21:00 16/01/2025 Barrington Centre
PL1219G Fri 19:00-21:00 17/01/2025 Kings Park LLC
PL1220G Fri 19:00-21:00 25/04/2025 Kings Park LLC

Painting in the Park: Landscapes - 1 day

Fee £33

ZN1214G Thu 10:00-13:00 24/10/2024 Upton Country Park



Watercolour Painting: Open to All - 5 weeks

Fee £70/£53 Concessionary Fee £42/£32

PL1223G Wed 19:30-21:00 06/11/2024 East Stour Village Hall
 PL1224G Thu 13:00-15:00 07/11/2024 Gold Hill Museum
 PL1159G Wed 10:00-12:00 23/04/2025 Kings Park LLC
 PL1228G Wed 19:30-21:00 23/04/2025 East Stour Village Hall
 PL1076G Thu 10:00-12:30 24/04/2025 Kings Park LLC
 PL1229G Thu 13:00-15:00 24/04/2025 Gold Hill Museum

Exploring Chinese Brush Painting - 5/8 weeks

Fee £110/£138/£220

ZN1171G Fri 10:00-12:00 08/11/2024 Dolphin Centre
 ZN1172G Wed 10:00-12:00 15/01/2025 Kings Park LLC
 ZN1174G Sat 13:00-15:30 01/03/2025 Dolphin Centre
 ZN1173G Tue 18:30-21:00 28/01/2025 Dorchester LLC

Introduction to Painting - 4 weeks

Fee £104

ZN1182G Sat 13:30-16:00 16/11/2024 Dolphin Centre

Portrait Painting for Beginners - 5 weeks

Fee £70 Concessionary Fee £42

PL1071G Fri 10:00-12:00 17/01/2025 Dolphin Centre
 PL1072G Thu 10:00-12:00 27/02/2025 Kings Park LLC

Botanical Painting for Beginners - 8 weeks

Fee £145 Concessionary Fee £87

PL1065G Thu 10:00-12:30 23/01/2025 Weymouth LLC
 PL1064G Wed 10:00-12:30 23/04/2025 Dorchester LLC

Painting the Coast and Seascapes - 5 weeks

Fee £70 Concessionary Fee £42

PL1215G Wed 10:00-12:00 26/02/2025 Kings Park LLC

Animal Portraiture for Beginners - 5 weeks

Fee £70 Concessionary Fee £42

PL1063G Fri 10:00-12:00 28/02/2025 Dolphin Centre

Abstract Painting: Beginners - 8 weeks

Fee £145 Concessionary Fee £87

PL1155G Tue 18:30-21:00 22/04/2025 Dorchester LLC

Painting the Jurassic Coast & Seascapes 8 weeks

Fee £145 Concessionary Fee £87

PL1216G Wed 13:30-16:00 23/04/2025 Dorchester LLC

Textiles

Simple Macramé for Beginners - 3 weeks

Fee £81

ZN1150G Sat 14:00-16:00 14/09/2024 Dolphin Centre

Crafty Creations for Beginners - 6 weeks

Fee £108 Concessionary Fee £65

PL1131G Tue 12:45-14:45 01/10/2024 Hengistbury Head EC
 PL1132G Tue 12:45-14:45 28/01/2025 Hengistbury Head EC
 PL1133G Tue 12:45-14:45 06/05/2025 Hengistbury Head EC

Crochet for Beginners - 6 weeks

Fee £84 Concessionary Fee £50

PL1295G Tue 10:00-12:00 01/10/2024 Hengistbury Head EC
 PL1296G Mon 10:00-12:00 27/01/2025 Blandford ALC

Basic Sewing & Sewing Machine Skills for Beginners 8 weeks

Fee £112 Concessionary Fee £67

PL1292G Wed 13:00-15:00 09/10/2024 Blandford ALC
 PL1293G Wed 13:00-15:00 22/01/2025 Blandford ALC
 PL1294G Wed 13:00-15:00 23/04/2025 Blandford ALC

Sewing Machine Skills: Step 1 - 8 weeks

Fee £140 Concessionary Fee £84

PL1308G Mon 09:30-12:00 14/10/2024 Dolphin Centre
 PL1309G Wed 18:30-21:00 16/10/2024 Dolphin Centre
 PL1310G Thu 18:30-21:00 17/10/2024 Dolphin Centre
 PL1311G Mon 15:30-18:00 12/05/2025 Dolphin Centre

Sewing Machine Skills: Step 2 - 8 weeks

Fee £140 Concessionary Fee £84

PL1312G Mon 15:30-18:00 14/10/2024 Dolphin Centre
 PL1313G Mon 09:30-12:00 06/01/2025 Dolphin Centre
 PL1314G Wed 18:30-21:00 08/01/2024 Dolphin Centre
 PL1315G Thu 18:30-21:00 30/01/2025 Dolphin Centre

Halloween Crochet - 2 weeks

Fee £54

ZN1306G Tue 14:00-16:00 19/10/2024 Dolphin Centre

Hemming, Mending and Darning, Using the Sewing Machine or By Hand - 3/4 weeks

Fee £79/£104

ZN1320G Mon 09:30-12:00 05/11/2024 Dolphin Centre
 ZN1321G Tue 09:30-12:00 11/03/2025 Dolphin Centre
 ZN1322G Tue 09:30-12:00 01/07/2025 Dolphin Centre

Decorative Mending - 2 weeks

Fee £44

ZN1306G Tue 19:00-21:00 05/11/2024 Dolphin Centre
 ZN1307G Mon 10:00-12:00 17/03/2025 Blandford ALC

Sewing Machine Skills: Step 3 - 8 weeks**Fee £140 Concessionary Fee £84**

PL1316G Mon 15:30-18:00 06/01/2025 Dolphin Centre
 PL1317G Thu 18:30-21:00 24/04/2025 Dolphin Centre
 PL1318G Mon 09:30-12:00 12/05/2025 Dolphin Centre
 PL1319G Wed 18:30-21:00 14/05/2025 Dolphin Centre

Knitting for Beginners - 6/10 weeks**Fee £140/£84 Concessionary Fee £84/£50**

PL1303G Tue 19:00-21:00 14/01/2025 Dolphin Centre
 PL1304G Tue 10:00-12:00 28/01/2025 Hengistbury Head EC
 PL1305G Mon 10:00-12:00 12/05/2025 Blandford ALC

Introduction to Tunisian Crochet - 10 weeks**Fee £140 Concessionary Fee £84**

PL1302G Tue 19:00-21:00 22/04/2025 Dolphin Centre

Voile Embroidered Pictures for Beginners - 5 weeks**Fee £70 Concessionary Fee £42**

PL1078G Fri 10:00-12:00 25/04/2025 Dolphin Centre

Gardening & Floristry**Gardening for Beginners - 8 weeks****Fee £167/£186 Concessionary Fee £100/£111**

PL1285G Fri 13:00-15:00 27/09/2024 Kings Park LLC
 PL1286G Fri 13:00-15:00 31/01/2025 Kings Park LLC
 PL1288G Fri 13:00-15:00 25/04/2025 Kings Park LLC

Gardening for Beginners - 6/7 weeks**Fee £175 Concessionary Fee £105**

PL1284G Thu 09:30-12:00 19/09/2024 Upton Country Park
 PL1287G Thu 09:30-12:00 27/02/2025 Upton Country Park
 PL1289G Thu 09:30-12:00 05/06/2025 Upton Country Park

Flower Arranging - 5 weeks**Fee £177**

ZN1259G Thu 13:00-15:00 26/09/2024 Upton Country Park
 ZN1260G Thu 13:00-15:00 27/02/2025 Upton Country Park
 ZN1261G Thu 13:00-15:00 05/06/2025 Upton Country Park

Wedding Flowers: Corsages & Buttonholes - 1 day**Fee £45**

ZN1264G Sat 10:00-13:00 26/04/2025 Dolphin Centre
 ZN1265G Sat 10:00-13:00 07/06/2025 Kings Park LLC

Wedding & Festival Flower Crowns - 1 day**Fee £45**

ZN1262G Sat 10:00-13:00 03/05/2025 Dolphin Centre
 ZN1263G Sat 10:00-13:00 17/05/2025 Kings Park LLC

Celebration Flowers: Centrepieces & Posies - 1 day**Fee £60**

ZN1257G Sat 10:00-14:30 10/05/2025 Dolphin Centre
 ZN1258G Sat 10:00-13:00 24/05/2025 Kings Park LLC

**Yarn Crafts for Beginners - 6 weeks****Fee £84 Concessionary Fee £50**

PL1323G Tue 10:00-12:00 06/05/2025 Hengistbury Head EC

Crochet: Make a Beautiful Beach Bag - 2 weeks**Fee £54**

ZN1297G Sat 14:00-16:00 07/06/2025 Dolphin Centre

Floral Dorset Buttons - 1 day**Fee £33**

ZN1135G Tue 10:00-13:00 24/06/2025 Hengistbury Head EC

Crochet: Make a Summer Bralette - 2 weeks**Fee £54**

ZN1298G Tue 18:00-20:00 08/07/2025 Dolphin Centre

**Interior Design in Partnership with John Lewis****Interior Design for Beginners - 8 weeks****Fee £163**

ZN1136G Mon 12:30-14:30 24/09/2024 Dolphin Centre
 ZN1137G Mon 12:30-14:30 03/02/2025 Dolphin Centre
 ZN1138G Mon 12:30-14:30 12/05/2025 Dolphin Centre

Silver Clay Jewellery**Silver Clay: Make a Pair of Earrings or Pendant - 1 day****Fee £88**

ZN1143G Thu 10:00-16:00 12/09/2024 Upton Country Park
 ZN1144G Sat 10:00-16:00 14/09/2024 Dolphin Centre
 ZN1145G Tue 10:00-16:00 17/09/2024 Blandford ALC
 ZN1146G Sat 10:00-16:00 02/11/2024 Dolphin Centre
 ZN1147G Tue 10:00-16:00 03/12/2024 Dolphin Centre
 ZN1148G Tue 10:00-16:00 10/12/2024 Dolphin Centre

Silver Clay Jewellery Beginners: Step 1 - 3 weeks**Fee £117**

ZN1141G Thu 10:00-12:30 14/11/2024 Upton Country Park

Silver Clay Jewellery Beginners: Step 2 - 3 weeks**Fee £117**

ZN1142G Thu 10:00-12:30 23/01/2025 Upton Country Park

Silver Clay: Make a Pendant - Stone Setting - 1 day**Fee £88**

ZN1149G Tue 10:00-16:00 01/04/2025 Blandford ALC

Printing

Basic Printmaking for Beginners - 2 weeks

Fee £73

ZN1129G Wed 13:30-16:00 07/08/2024 Dolphin Centre

ZN1130G Wed 10:00-12:30 08/07/2025 Dolphin Centre

Festive Craft

Festive Crafts: Handmade Watercolour Cards - 1 day

Fee £44/£33

ZN1242G Sat 10:00-14:30 09/11/2024 Dolphin Centre

ZN1243G Sat 09:30-12:30 30/11/2024 Weymouth LLC

Festive Crafts: Crochet Decorations - 2 weeks

Fee £54

ZN1236G Sat 14:00-16:00 16/11/2024 Kings Park LLC

ZN1237G Mon 10:00-12:00 09/12/2024 Blandford ALC

Festive Crafts: Simple Macramé Decorations - 2 weeks

Fee £54

ZN1255G Tue 10:00-12:30 19/11/2024 Hengistbury Head EC

ZN1256G Tue 19:00-21:00 19/11/2024 Dolphin Centre

Festive Crafts: Dorset Buttons - 1 day

Fee £23/£28

ZN1238G Tue 12:45-14:45 19/11/2024 Hengistbury Head EC

ZN1240G Mon 10:00-12:30 02/12/2024 Blandford ALC

ZN1239G Tue 19:00-21:00 03/12/2024 Dolphin Centre

Festive Crafts: Make a Traditional Holly Wreath - 1 day

Fee £32

ZN1244G Sat 10:00-12:30 23/11/2024 Kings Park LLC

ZN1245G Sat 13:00-15:30 23/11/2024 Kings Park LLC

ZN1246G Sat 10:00-12:30 30/11/2024 Christchurch LLC

ZN1247G Sat 14:00-16:30 30/11/2024 Christchurch LLC

ZN1248G Sat 10:00-12:30 07/12/2024 Kings Park LLC

ZN1249G Sat 13:00-15:30 07/12/2024 Kings Park LLC

ZN2069G Thu 10:00-12:30 12/12/2024 Blandford ALC

ZN2070G Thu 13:00-15:30 12/12/2024 Blandford ALC

ZN1250G Sat 10:00-12:30 14/12/2024 Dolphin Centre

ZN1251G Sat 14:00-16:30 14/12/2024 Dolphin Centre

Festive Crafts: Candle Painting - 1 day

Fee £36

ZN1232G Thu 10:30-12:30 28/11/2024 Hengistbury Head EC

ZN1233G Wed 13:00-15:00 11/12/2024 Dolphin Centre

ZN1234G Thu 13:00-16:00 12/12/2024 Christchurch LLC

Festive Crafts: Felt Tree Decorations - 1 day

Fee £30

ZN1241G Sat 13:00-16:00 30/11/2024 Weymouth LLC

Festive Crafts: Card Making - 1 day

Fee £43

ZN1235G Thu 10:30-12:30 05/12/2024 Hengistbury Head EC

Festive Crafts: Make a Traditional Wreath in Ceramics - 3 weeks

Fee £126

ZN1252G Wed 10:00-13:00 08/11/2024 Blandford ALC

Festive Crafts: Needle Felting - 1 day

Fee £34

ZN1253G Wed 10:00-12:00 11/12/2024 Kings Park LLC

ZN1254G Thu 10:30-12:30 12/12/2024 Hengistbury Head EC



Sugar Craft

Sugar Craft: Flowers and Piping - 1 day

Fee £50

ZN1151G Fri 10:00-14:30 06/12/2024 Kings Park LLC

ZN1153G Wed 10:00-14:30 09/07/2025 Kings Park LLC

Sugar Craft: Flowers and Piping - 3 weeks

Fee £85

ZN1152G Mon 10:00-12:30 17/03/2025 Kings Park LLC

Easily enrol on your chosen course!

Visit our website and search the course code to find your course or you can call our friendly customer service team and they'll be happy to help you with the process.



skillsandlearningace.com/courses



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Our free Family Learning courses are a great chance to learn something new and support your family. They are designed for parents, carers or grandparents of school age children.

Family Learning supports the wellbeing and development of families and children from Early Years Foundation stage right through to Key Stage 4 (ages 0 to 16 yrs). Our courses are designed to support the learning and wellbeing of not just the child but the whole family. It can give you more information about your family and how you can better support each other to create a happy, healthier home.

Benefits of Family Learning

- Improved family relationships. Taking time out for you and your family can help you better understand each other and lead to more positive communication and interactions.
- Find out about parenting and child development to better support you and your family's needs.
- New knowledge and achievement. Learn how you can support your child in their learning at school and at home, so that they can reach their full potential
- Increased feeling of wellbeing. Learning is a great way to boost you and your family's wellbeing and support good mental health

Family Learning

Arts & Crafts

Family Learning: Summer Arts and Crafts - 1 day Fee Fully Funded

FN1673G Tue 10:00-13:00 06/08/2024 Kings Park LLC
 FN1674G Tue 10:00-13:00 06/08/2024 Weymouth Library
 FN1675G Wed 10:00-13:00 07/08/2024 Dolphin Centre
 FN1676G Thu 10:00-13:00 08/08/2024 Dorchester LLC
 FN1677G Thu 10:00-13:00 08/08/2024 Kings Park LLC

Family Learning: Mindful Art for SEND Parents - 5 weeks Fee Fully Funded

FN1662G Mon 10:00-12:30 23/09/2024 Kings Park LLC
 FN1663G Fri 10:00-12:00 25/04/2025 Dolphin Centre

Family Learning: Around the World in Arty Days - 5 weeks Fee Fully Funded

FN1625G Thu 10:00-12:00 26/09/2024 Digby Hall
 FN1626G Thu 10:00-12:00 26/08/2024 Gold Hill Museum
 FN1627G Fri 10:00-12:00 08/11/2024 Dolphin Centre
 FN1628G Thu 10:00-12:00 27/02/2025 Digby Hall
 FN1629G Thu 10:00-12:00 27/02/2025 Gold Hill Museum
 FN1630G Tue 10:00-12:00 22/04/2025 Blandford ALC

Family Learning: Mindful Art - 5 weeks Fee Fully Funded

FN1658G Thu 10:00-12:00 07/11/2024 Digby Hall
 FN1659G Thu 10:00-12:00 07/11/2024 Gold Hill Museum
 FN1660G Thu 10:00-12:00 24/04/2025 Digby Hall
 FN1661G Thu 10:00-12:00 24/04/2024 Gold Hill Museum

Family Learning: Earth Day 2025 - Junk to Funk and Sustainable Art - 1 day Fee Fully Funded

FN1650G Sat 10:00-13:00 26/04/2025 Blandford ALC
 FN1651G Sat 10:00-13:00 26/04/2025 Dolphin Centre
 FN1652G Sat 10:00-13:00 26/04/2025 Dorchester LLC
 FN1653G Sat 10:00-13:00 26/04/2025 Kings Park LLC
 FN1654G Sat 10:00-13:00 26/04/2025 Weymouth LLC

Autism

Autism Awareness - 1 day

Fee Fully Funded

FN1631G Tue 10:00-13:00 10/09/2024 Bourne Community Hub
 FN1632G Tue 10:00-13:00 10/09/2024 Dolphin Centre
 FN1633G Tue 18:00-21:00 17/09/2024 Online
 FN1634G Sat 10:00-13:00 28/09/2024 Kings Park LLC
 FN1635G Sat 10:00-13:00 12/10/2024 Weymouth LLC
 FN1636G Mon 10:00-13:00 14/10/2024 Dorchester LLC
 FN1637G Tue 10:00-13:00 05/11/2024 Branksome CC
 FN1638G Wed 09:30-12:30 06/11/2024 Blandford ALC
 FN1639G Thu 18:00-21:00 07/11/2024 Online
 FN1640G Mon 10:00-13:00 03/02/2025 Christchurch LLC
 FN1641G Tue 18:00-21:00 25/02/2025 Online
 FN1642G Sat 10:00-13:00 22/03/2025 Dolphin Centre

Understanding and Supporting Autism - 4 weeks

Fee Fully Funded

FN1691G Tue 10:00-12:00 01/10/2024 Dolphin Centre
 FN1692G Wed 09:30-11:30 02/10/2024 Blandford ALC
 FN1693G Thu 13:00-15:00 03/10/2024 Kings Park LLC
 FN1694G Tue 10:00-12:00 12/11/2024 Weymouth Library
 FN1695G Mon 10:00-12:00 20/01/2025 Dorchester LLC
 FN1696G Tue 10:00-12:00 21/01/2025 Dolphin Centre
 FN1697G Thu 13:00-15:00 27/02/2025 Kings Park LLC
 FN1698G Tue 10:00-12:00 04/03/2025 Dolphin Centre

Mental Wellbeing for Parents/Carers

Supporting Your Own Mental Wellbeing - 1 day

Fee Fully Funded

FN1678G Thu 10:00-13:00 12/09/2024 Barrington Centre
 FN1679G Thu 18:00-21:00 19/09/2024 Online
 FN1681G Tue 18:00-21:00 05/11/2024 Online
 FN1684G Thu 18:00-21:00 27/02/2025 Online

Supporting Your Own Mental Wellbeing - 4 weeks

Fee Fully Funded

FN1680G Tue 12:30-14:30 01/10/2024 Dolphin Centre
 FN1682G Mon 12:30-14:30 20/01/2025 Dorchester LLC
 FN1683G Thu 13:00-15:00 23/01/2025 Kings Park LLC
 FN1685G Tue 12:30-14:30 04/03/2025 Dolphin Centre

Computing & Digital Skills

Keeping Up with the Grandchildren: ICT - 10 weeks

Fee Fully Funded

FA1656G Thu 10:00-12:00 26/09/2024 Dorchester LLC
 FA1657G Thu 10:00-12:00 24/04/2025 Dorchester LLC

Mental Health & Behaviour

Understanding Your Child's Behaviour - 4 weeks

Fee Fully Funded

FN1707G Tue 10:00-12:30 01/10/2024 Bourne Community Hub
 FN1708G Tue 18:30-20:30 01/10/2024 Online
 FN1709G Thu 10:00-12:30 03/10/2024 Barrington Centre
 FN1710G Tue 10:00-12:30 19/11/2024 Branksome CC
 FN1711G Thu 18:30-20:30 21/11/2024 Online
 FN1712G Tue 18:30-20:30 04/03/2025 Online

Understanding and Supporting Your Child's Behaviour 4 weeks

Fee Fully Funded

FN1701G Wed 12:30-14:30 02/10/2024 Blandford ALC
 FN1702G Thu 13:00-15:00 14/11/2024 Kings Park LLC
 FN1703G Tue 13:00-15:00 21/01/2025 Dolphin Centre

Successful School Transitions

Moving from primary to secondary school is a big change for children... It can leave them feeling anxious and worried all through the summer holidays.

To support parents, carers and grandparents, we've created a FREE webpage full of useful resources to help your child through the change from primary to secondary school. Find out more on our website.



skillsandlearningace.com/successfulschooltransitions

Are you a school or organisation working with parents and children?

We work in partnership with Schools, Education Challenge Leads, Family Hubs and Children's Centres to design a bespoke Family Learning offer. Our courses are designed to promote and support the learning and wellbeing of not just the child but the whole family.

Provision is designed for mums, dads, carers or grandparents of children aged 5-16 years and can be adults learning together or adults and their children learning together. We have over 20 courses to choose from. View them all and book with us on our website.



skillsandlearningace.com/business-services/family-learning-services

"Grateful something like this is free. Thank you for opening my mind, strengthening my understanding and challenging my previous learning. It's the best way to progress and learn the latest info and I am very grateful for that."
Learner



Understanding and Supporting Your Child's Mental Health - 4 weeks

Fee Fully Funded

FN1704G Thu 18:30-20:30 03/10/2024 Online
 FN1705G Tue 18:30-20:30 19/11/2024 Online
 FN1706G Thu 18:30-20:30 06/03/2025 Online

Psychology

Introduction to Psychology - 6 weeks

Fee Fully Funded

FN1655G Mon 18:30-20:30 16/09/2024 Online

Support your Child's Reading

Story Stacks for Supporting your Child's Reading - 5/8 weeks

Fee Fully Funded

FA1664G Thu 10:00-12:00 16/01/2025 Digby Hall
 FA1665G Thu 10:00-12:00 16/01/2025 Gold Hill Museum
 FA1666G Tue 10:00-12:00 28/01/2025 Blandford ALC
 FA1667G Thu 10:00-12:00 05/06/2025 Digby Hall
 FA1668G Thu 10:00-12:00 05/06/2025 Gold Hill Museum

Dealing with Change

Successful School Transitions - 3 weeks

Fee Fully Funded

FN1669G Tue 10:00-12:00 10/06/2025 Online
 FN1670G Tue 18:30-20:30 10/06/2025 Online
 FN1671G Thu 10:00-12:00 12/06/2025 Online
 FN1672G Thu 18:30-20:30 12/06/2025 Online

Sewing

Basic Sewing & Sewing Machine Skills for Beginners 8 weeks

Fee Fully Funded

FN1647G Wed 10:00-12:00 09/10/2024 Blandford ALC
 FN1648G Wed 10:00-12:00 22/01/2025 Blandford ALC
 FA1649G Wed 10:00-12:00 23/04/2025 Blandford ALC

Pottery

Therapeutic Pottery for Parents of a Child with an EHCP 5 weeks

Fee Fully Funded

FN1689G Tue 13:00-15:00 05/11/2024 Blandford ALC
 FN1690G Tue 13:00-15:00 22/04/2025 Blandford ALC



“The course was fantastic! It gave me and my son a fun activity to do together. - it's a great way to bond and learn something valuable at the same time.” - **Learner**

Easily enrol on your chosen course!

Visit our website and search the course code to find your course or you can call our friendly customer service team at and they'll be happy to help you with the process.



skillsandlearningace.com/courses



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Our popular language programme, delivered by fully qualified and experienced tutors will enable you to develop your knowledge about another country and culture and meet new people, whilst learning a new language.

Learning a new language is fun and could enrich a holiday abroad, help you communicate more with friends and family or be beneficial for work purposes. Whether you've never spoken in another language or would like to enhance your verbal and written skills, we have courses across Dorset.

As well as spoken and written languages, we also offer courses in British Sign Language (BSL) and lip reading.

What level am I?

It is important that you choose a course level that is right for you. Visit our website to complete a self-assessment and find courses suited for you.

www.skillsandlearningace.com/subjects/languages

Are you looking to learn English as a second language? Visit page 11

Languages

French

Learn French for Fun: Beginners - 10 weeks

Fee £140 Concessionary Fee £84

PL1729G Mon 10:00-12:00 23/09/2024 Gold Hill Museum

PL1730G Mon 10:00-12:00 13/01/2025 Gold Hill Museum

PL1731G Mon 10:00-12:00 12/05/2025 Gold Hill Museum

French Beginners: Step 1 - 10 weeks

Fee £140 Concessionary Fee £84

PL1732G Tue 18:30-20:30 24/09/2024 Online

PL1734G Thu 10:00-12:00 26/09/2024 Kings Park LLC

PL1735G Tue 10:00-12:00 24/09/2024 Dorchester LLC

French Beginners: Step 2 - 10 weeks

Fee £140 Concessionary Fee £84

PL1739G Tue 10:00-12:00 14/01/2025 Dorchester LLC

PL1736G Tue 18:30-20:30 14/01/2025 Online

PL1738G Thu 10:00-12:00 16/01/2025 Kings Park LLC

French Beginners: Step 3 - 8/10 weeks

Fee £112/140 Concessionary Fee £67/84

PL1740G Tue 10:00-12:00 22/04/2025 Dorchester LLC

PL1741G Tue 18:30-20:30 22/04/2025 Online

PL1743G Thu 10:00-12:00 24/04/2025 Kings Park LLC

French Intermediate: Step 1 - 10 weeks

Fee £140 Concessionary Fee £84

PL1744G Mon 12:30-14:30 23/09/2024 Dolphin Centre

PL1745G Thu 19:00-21:00 26/09/2024 Barrington Centre

French Intermediate: Step 2 - 10 weeks

Fee £140 Concessionary Fee £84

PL1746G Mon 12:30-14:30 13/01/2025 Dolphin Centre

PL1747G Thu 19:00-21:00 16/01/2025 Barrington Centre

French Intermediate: Step 3 - 10 weeks

Fee £140 Concessionary Fee £84

PL1748G Thu 19:00-21:00 24/04/2025 Barrington Centre

PL1749G Mon 12:30-14:30 28/04/2025 Dolphin Centre

French Advanced: Step 1 - 10 weeks

Fee £140 Concessionary Fee £84

PL1750G Thu 12:45-14:45 19/09/2024 Kings Park LLC

PL1752G Tue 13:30-15:30 24/09/2024 Weymouth LLC

PL1751G Wed 13:00-15:00 25/09/2024 Dolphin Centre

French Advanced: Step 2 - 10 weeks

Fee £140 Concessionary Fee £84

PL1755G Tue 13:30-15:30 14/01/2025 Weymouth LLC

PL1753G Wed 13:00-15:00 15/01/2025 Dolphin Centre

PL1754G Thu 12:45-14:45 16/01/2025 Kings Park LLC

French Advanced: Step 3 - 8/10 weeks

Fee £112/140 Concessionary Fee £67/84

PL1756G Mon 10:00-12:00 23/09/2024 Dolphin Centre

PL1757G Tue 13:30-15:30 22/04/2025 Weymouth LLC

PL1758G Wed 13:00-15:00 23/04/2025 Dolphin Centre

PL1759G Thu 12:45-14:45 24/04/2025 Kings Park LLC

French Beginners: A French Christmas - 1 day

Fee £20

ZN1725G Mon 12:30-14:30 09/12/2024 Dolphin Centre

French Holiday Basics - 4 weeks

Fee £80/£100

ZN1726G Tue 10:00-12:00 24/06/2025 Dorchester LLC

ZN1727G Tue 13:30-15:30 24/06/2025 Weymouth LLC

ZN1728G Tue 18:30-20:30 08/07/2025 Online

French Conversation - 10 weeks

Fee £140 Concessionary Fee £84

PL1760G Mon 10:00-12:00 13/01/2025 Dolphin Centre

PL1761G Mon 10:00-12:00 28/04/2025 Dolphin Centre



Spanish

Learn Spanish for Fun: Beginners - 10 weeks

Fee £140 Concessionary Fee £84

PL1822G Mon 13:00-15:00 23/09/2024 Gold Hill Museum

PL1823G Mon 13:00-15:00 13/01/2025 Gold Hill Museum

PL1824G Mon 13:00-15:00 12/05/2025 Gold Hill Museum

Spanish Beginners: Step 1 - 8/10 weeks

Fee £140 Concessionary Fee £84

PL1826G Mon 13:00-15:00 23/09/2024 Dolphin Centre

PL1827G Mon 18:30-20:30 23/09/2024 Kings Park LLC

PL1835G Thu 18:30-20:30 26/09/2024 Kings Park LLC

PL1843G Sat 10:00-12:00 28/09/2024 Kings Park LLC

PL1829G Thu 18:00-20:30 10/10/2024 Dorchester LLC

Spanish Beginners: Step 2 - 8/10 weeks

Fee £140 Concessionary Fee £84

PL1830G Tue 10:00-12:00 24/09/2024 Kings Park LLC

PL1831G Mon 13:00-15:00 13/01/2025 Dolphin Centre

PL1832G Mon 18:30-20:30 13/01/2025 Kings Park LLC

PL1846G Thu 18:30-20:30 16/01/2025 Kings Park LLC

PL1834G Thu 18:00-20:30 23/01/2025 Dorchester LLC

Spanish Beginners: Step 3 - 8/10 weeks

Fee £140 Concessionary Fee £84

PL1837G Thu 18:00-20:30 24/04/2025 Dorchester LLC

PL1853G Thu 18:00-20:30 24/04/2025 Kings Park LLC

PL1858G Sat 10:00-12:00 26/04/2025 Kings Park LLC

PL1839G Mon 13:00-15:00 28/04/2025 Dolphin Centre

Spanish Beginners: Step 3 - 5 weeks

Fee £70 Concessionary Fee £42

PL1836G Tue 10:00-12:00 14/01/2025 Kings Park LLC

Spanish Intermediate: Step 1 - 8 weeks

Fee £122/£140 Concessionary Fee £67/£84

PL1844G Mon 18:30-20:30 07/10/2024 Weymouth LLC

PL1845G Thu 10:00-12:30 10/10/2024 Dorchester LLC

German

German Beginners: Step 1 - 10 weeks

Fee £140 Concessionary Fee £84

PL1762G Mon 19:00-21:00 23/09/2024 Allendale House

German Beginners: Step 2 - 10 weeks

Fee £140 Concessionary Fee £84

PL1763G Mon 19:00-21:00 13/01/2025 Allendale House

German Beginners: Step 3 - 10 weeks

Fee £140 Concessionary Fee £84

PL1764G Mon 19:00-21:00 28/04/2025 Allendale House

German Beginners: Step 4 - 8 weeks

Fee £140 Concessionary Fee £84

PL1765G Wed 10:00-12:30 09/10/2024 Dolphin Centre

German Intermediate: Step 1 - 8/10 weeks

Fee £140 Concessionary Fee £84

PL1766G Wed 19:00-21:00 25/09/2024 Allendale House

PL1767G Wed 10:00-12:30 15/01/2025 Dolphin Centre

German Intermediate: Step 2 - 8/10 weeks

Fee £140 Concessionary Fee £84

PL1768G Wed 19:00-21:00 15/01/2025 Allendale House

PL1769G Wed 10:00-12:30 23/04/2025 Dolphin Centre

German Intermediate: Step 3 - 10 weeks

Fee £140 Concessionary Fee £84

PL1770G Wed 19:00-21:00 23/04/2025 Allendale House

Spanish Intermediate Step 1 - 10 weeks

Fee £140 Concessionary Fee £84

PL1841G Tue 10:00-12:00 24/09/2024 Dolphin Centre

PL1847G Tue 13:00-15:00 24/09/2024 Kings Park LLC

PL1842G Tue 18:30-20:30 25/09/2024 Kings Park LLC

PL1828G Sat 13:30-15:30 28/09/2024 Kings Park LLC

Spanish Intermediate Step 2 - 8/10 weeks

Fee £112/140 Concessionary Fee £67/84

PL1848G Tue 10:00-12:00 14/01/2025 Dolphin Centre

PL1854G Tue 13:00-15:00 14/01/2025 Kings Park LLC

PL1849G Wed 18:30-20:30 15/01/2025 Kings Park LLC

PL1833G Sat 13:00-15:00 18/01/2025 Kings Park LLC

PL1851G Mon 18:30-20:30 20/01/2025 Weymouth LLC

PL1852G Thu 10:00-12:30 23/01/2025 Dorchester LLC

Spanish Intermediate Step 3 - 8/10 weeks

Fee £112/140 Concessionary Fee £67/84

PL1825G Tue 13:00-15:00 22/04/2025 Kings Park LLC

PL1855G Tue 10:00-12:00 22/04/2025 Dolphin Centre

PL1856G Wed 13:00-15:00 23/04/2025 Kings Park LLC

PL1857G Thu 10:00-12:30 24/04/2025 Dorchester LLC

PL1838G Sat 13:00-15:00 26/04/2025 Kings Park LLC

PL1859G Mon 18:30-20:30 12/05/2025 Weymouth LLC

Spanish Advanced: Reading and Conversation - 10 weeks

Fee £200

ZN1860G Tue 18:00-20:00 24/09/2024 Kings Park LLC

ZN1861G Tue 18:00-20:00 14/01/2025 Kings Park LLC

ZN1862G Tue 18:00-20:00 22/04/2025 Kings Park LLC

Spanish Holiday Basics - 4 weeks

Fee £60

ZN1821G Wed 14:00-16:00 09/07/2025 Dolphin Centre



Sign Language, Lip Reading and Awareness

Deaf Awareness - 1 day

Fee £18 Concessionary Fee £11

PL1782G Fri 14:30-17:00 13/09/2024 Kings Park LLC

PL1783G Fri 14:30-17:00 28/02/2025 Kings Park LLC

PL1784G Fri 14:30-17:00 09/05/2025 Kings Park LLC

Sign Language Beginners: Step 1 - 10 weeks

Fee £140 Concessionary Fee £84

PL1799G Mon 19:00-21:00 23/09/2024 Kings Park LLC

PL1800G Tue 18:00-20:00 24/09/2024 Dolphin Centre

Sign Language Beginners: Step 2 - 10 weeks

Fee £140 Concessionary Fee £84

PL1804G Mon 19:00-21:00 13/01/2025 Kings Park LLC

PL1805G Tue 18:00-20:00 14/01/2025 Dolphin Centre

Sign Language Beginners: Step 3 - 10 weeks

Fee £140 Concessionary Fee £84

PL1807G Tue 18:00-20:00 22/04/2025 Dolphin Centre

PL1809G Mon 19:00-21:00 28/04/2025 Kings Park LLC

Lip Reading Beginners: Step 1 - 10 weeks

Fee £105 Concessionary Fee £63

PS1789G Tue 10:00-11:30 17/09/2024 Allendale House

PS1790G Tue 13:00-14:30 17/09/2024 Blandford ALC

PS2064G Mon 10:00-11:30 23/09/2024 Barrington Centre

PS1788G Wed 13:00-14:30 02/10/2024 Online

PS1785G Wed 10:00-11:30 02/10/2024 Kings Park LLC

Lip Reading Beginners: Step 2 - 10 weeks

Fee £105 Concessionary Fee £63

PS1791G Mon 10:00-11:30 13/01/2025 Barrington Centre

PS1793G Tue 10:00-11:30 14/01/2025 Allendale House

PS1794G Tue 13:00-14:30 14/01/2025 Blandford ALC

PS1786G Wed 10:00-11:30 15/01/2025 Kings Park LLC

PS1792G Wed 13:00-14:30 15/01/2025 Online

Lip Reading Beginners: Step 3 - 10 weeks

Fee £105 Concessionary Fee £63

PS1795G Mon 10:00-11:30 28/04/2025 Barrington Centre

PS1797G Tue 10:00-11:30 22/04/2025 Allendale House

PS1798G Tue 13:00-14:30 22/04/2025 Blandford ALC

PS1787G Wed 10:00-11:30 23/04/2025 Kings Park LLC

PS1796G Wed 13:00-14:30 23/04/2025 Online

Russian

Russian Beginners - 1 day

Fee £35

ZN1813G Sat 10:30-14:00 08/03/2025 Dorchester LLC

ZN1814G Sat 10:30-14:00 14/06/2025 Dorchester LLC

Russian Beginners: Step 1 - 8 weeks

Fee £140 Concessionary Fee £84

PL1818G Mon 18:00-20:30 07/10/2024 Kings Park LLC

Russian Beginners: Step 2 - 8 weeks

Fee £140 Concessionary Fee £84

PL1819G Mon 18:00-20:30 13/01/2025 Kings Park LLC

Russian Beginners: Step 3 - 8 weeks

Fee £140 Concessionary Fee £84

PL1820G Mon 18:00-20:30 12/05/2025 Kings Park LLC

Russian Beginners: Step 4 - 8 weeks

Fee £140 Concessionary Fee £84

PL1815G Thu 13:00-15:30 10/10/2024 Dolphin Centre

Russian Beginners: Step 5 - 8 weeks

Fee £140 Concessionary Fee £84

PL1816G Thu 13:00-15:30 16/01/2025 Dolphin Centre

Russian Beginners: Step 6 - 8 weeks

Fee £140 Concessionary Fee £84

PL1817G Thu 13:00-15:30 24/04/2025 Dolphin Centre

Latin

Latin: The Language, The History, The Future - 1 day

Fee £40

ZN1779G Sat 10:00-14:00 02/11/2024 Dorchester LLC

ZN1780G Sat 10:00-14:00 15/03/2025 Dorchester LLC

ZN1781G Sat 10:00-14:00 21/06/2025 Dorchester LLC

Easily enrol on your chosen course!

Visit our website and search the course code to find your course or you can call our friendly customer service team and they'll be happy to help you with the process.



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Performing Arts and Creative Writing

Our Creative Writing & Performing Arts courses will help you to unlock your creativity, improve your wellbeing and find your voice on stage or page.

Explore your ideas and emotions as you craft poems, stories, or scripts. You will develop your communication skills, learning to express yourself clearly and confidently.

Performing arts take this a step further, allowing you to embody your characters and bring your words to life in front of an audience.

Creative Writing

Creative Writing for Beginners - 8 weeks

Fee £112 Concessionary Fee £67

PL1992G Mon 18:30-20:30 07/10/2024 Weymouth Library

PL1993G Mon 18:30-20:30 20/01/2025 Weymouth LLC

PL1994G Mon 18:30-20:30 28/04/2025 Weymouth LLC

Singing

Singing for Wellbeing - 10 weeks

Fee £105 Concessionary Fee £63

PL1998G Mon 13:30-14:30 23/09/2024 Henry Brown Centre

PL1999G Mon 13:30-14:30 13/01/2025 Henry Brown Centre

PL2000G Mon 13:30-14:30 28/04/2025 Henry Brown Centre



Acting

Acting and Group Performance - 10 weeks

Fee £140 Concessionary Fee £84

PL2002G Mon 18:30-20:30 13/01/2025 St Edwards School

PL2003G Mon 18:30-20:30 28/04/2025 St Edwards School

Easily enrol on your chosen course!

Visit our website and search the course code to find your course or you can call our friendly customer service team at and they'll be happy to help you with the process.



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Our range of exciting courses will allow you to develop skills in digital photography and photoshop.

Photography

Beginners

Digital Photography: Step 1 - 8/10 weeks

Fee £140 Concessionary Fee £84

PT2009G Tue 09:00-11:00 10/09/2024 Dolphin Centre
 PT2010G Mon 18:30-21:00 16/09/2024 Weymouth LLC
 PT2011G Thu 10:00-12:30 26/09/2024 Christchurch LLC
 PT2012G Thu 18:00-20:30 26/09/2024 Dorchester LLC

Digital Photography: Step 2 - 8/10 weeks

Fee £140 Concessionary Fee £84

PT2013G Mon 18:30-21:00 18/11/2024 Weymouth Library
 PT2014G Tue 09:00-11:00 26/11/2024 Dolphin Centre
 PT2015G Thu 10:00-12:30 28/11/2024 Christchurch LLC
 PT2016G Thu 18:00-20:30 28/11/2024 Dorchester LLC

Digital Photography: Step 3 - 8/10 weeks

Fee £140 Concessionary Fee £84

PT2017G Mon 18:30-21:00 27/01/2025 Weymouth Library
 PT2018G Thu 10:00-12:30 06/02/2025 Christchurch LLC
 PT2019G Thu 18:00-20:30 06/02/2025 Dorchester LLC
 PT2020G Tue 09:00-11:00 25/02/2025 Dolphin Centre

Digital Photography - 8 weeks

Fee £140 Concessionary Fee £84

PT2004G Mon 10:00-12:30 27/01/2025 Blandford ALC

Digital Photography Beginners: Summer Photos - 8 weeks

Fee £140 Concessionary Fee £84

PT2005G Thu 18:00-20:30 01/05/2025 Dorchester LLC
 PT2006G Thu 10:00-12:30 08/05/2025 Christchurch LLC

Digital Photography Beginners: Summer Photos - 6/7 weeks

Fee £84/£98 Concessionary Fee £50/£59

PT2007G Tue 09:00-11:00 03/06/2025 Dolphin Centre
 PT2008G Tue 11:30-13:30 10/06/2025 Dolphin Centre

Studying photography is a great way to broaden your depth and knowledge about how to construct, capture and edit a great photo. Our courses are also a fantastic opportunity to meet new people with the same passion for photography as you, and gain confidence in your skills as a photographer.

As a form of art, studying photography can broaden your perspective and help you explore your creative side, which can in turn benefit your mental health and wellbeing.

Photoshop

Introduction to Photoshop: Part 1 - 1 day

Fee £39 Concessionary Fee £23

PT2026G Fri 10:00-15:30 15/11/2024 Kings Park LLC
 PT2027G Fri 10:00-15:30 18/07/2025 Kings Park LLC

Introduction to Photoshop: Part 2 - 1 day

Fee £39 Concessionary Fee £23

PT2033G Fri 10:00-15:30 22/11/2024 Kings Park LLC
 PT2034G Fri 10:00-15:30 25/07/2025 Kings Park LLC

Lightroom

Digital Photography: Lightroom Basics - 4 weeks

Fee £70 Concessionary Fee £42

PT2021G Fri 10:00-12:30 29/11/2024 Kings Park LLC
 PT2022G Fri 10:00-12:30 20/06/2025 Kings Park LLC

Easily enrol on your chosen course!

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Physical Health and Wellness

Physical health and wellness are essential to maintaining our overall health, mental wellbeing and balance in life.

“After a fall and recovering from a fractured femur my balance was improved. I felt better in myself and discovered I was able to do more than I thought I could.” **Learner**

Getting active and doing more exercise can improve your mood and your sleep, keep you lean, and even make it easier to focus. Exercise also helps boost your immune system and improve overall brain function. So, what are you waiting for? Get moving!

We offer a range of courses to support your physical and mental health, mobility, nutrition and general wellbeing, by gaining new knowledge, skills and confidence to use in day-to-day life.

Gardening

Sustainable Gardening Guide: Cultivating for the Future - 8 weeks

Fee £175 Concessionary Fee £105

PL1281G Mon 18:30-20:30 23/09/2024 Kings Park LLC

PL1282G Mon 18:30-20:30 27/01/2025 Kings Park LLC

PL1283G Mon 18:00-20:00 12/05/2025 Kings Park LLC

Dance

Adult Tap for Beginners - 10 weeks

Fee £100

ZN2046G Thu 18:30-19:30 19/09/2024 Druitt Hall

ZN2046G Thu 18:30-19:30 16/01/2025 Druitt Hall

ZN2046G Thu 18:30-19:30 24/04/2025 Druitt Hall

Adult Tap for Intermediates - 10 weeks

Fee £100

ZN2043G Thu 19:45-20:45 19/09/2024 Druitt Hall

ZN2044G Thu 19:45-20:45 16/01/2025 Druitt Hall

ZN2045G Thu 19:45-20:45 24/04/2025 Druitt Hall

Chair Fitness

Gentle Movement and Chair Fitness - 10 weeks

Fee £105 Concessionary Fee £63

PL2049G Mon 10:00-11:30 23/09/2024 Kinson Community Centre

PL2050G Mon 10:00-11:30 13/01/2025 Kinson Community Centre

PL2051G Mon 10:00-11:30 28/04/2025 Kinson Community Centre

Sustainability

What is Sustainability & How Do I Start? - 1 day
Fee £18/£14 Concessionary Fee £14/£8

PL1969G Mon 14:00-16:30 14/10/2024 Bridport LSI

PL1970G Sat 10:30-12:30 09/11/2024 Online

PL1971G Sat 10:30-12:30 15/03/2025 Online

PL1972G Sat 10:30-12:30 14/06/2025 Online

Understanding Climate Change and Environmental Awareness NCFE Level 2 Certificate - 36 weeks

Fee £396

AA1990G Thu 09:30-12:00 26/09/2024 Dorchester LLC

AA1991G Fri 14:00-16:30 27/09/2024 Weymouth LLC

Food

Overcoming Barriers to Healthy Eating - 3 weeks

Fee £32 Concessionary Fee £19

PL2040G Thu 18:30-20:00 14/11/2024 Online

PL2041G Wed 18:30-20:00 12/03/2025 Dolphin Centre

PL2042G Thu 18:30-20:00 24/04/2025 Online



Easily enrol on your chosen course!

Visit our website and search the course code to find your course or you can call our friendly customer service team at and they'll be happy to help you with the process.



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LivingWell

Our LivingWell courses are designed to help you gain an understanding of wellbeing and new skills that can support good mental health.

These mixed ability LivingWell courses are subsidised by Government funding and are FREE of charge to Dorset residents aged 19+ who would benefit from developing an increased sense of wellbeing. They can be especially beneficial to those experiencing mild depression, anxiety and low mood.

LivingWell courses can help you...

- Better understand yourself
- Manage your wellbeing
- Meet other like-minded people



Arts & Crafts

LivingWell: Drawing and Sketching - 4 weeks

Fee Fully Funded

PM1865G Tue 13:30-16:00 06/08/2024 Weymouth Library

LivingWell: Painting for Pleasure - 4 weeks

Fee Fully Funded

PM1871G Wed 10:00-12:30 11/09/2024 Dorchester LLC

PM1872G Thu 10:00-12:30 26/06/2025 Weymouth LLC

LivingWell: Felting for Pleasure - 4 weeks

Fee Fully Funded

PM1882G Wed 13:30-16:00 11/09/2024 Dorchester LLC

LivingWell: Drawing for Mindfulness - 4 weeks

Fee Fully Funded

PM1866G Thu 10:00-12:30 12/09/2024 Weymouth Library

LivingWell: Painting and Wellbeing - 5 weeks

Fee Fully Funded

PM1870G Fri 10:00-12:00 20/09/2024 Dolphin Centre

LivingWell: Crochet for Beginners - 5 weeks

Fee Fully Funded

PM1881G Tue 19:00-21:00 24/09/2024 Dolphin Centre

LivingWell: Knitting for Beginners - 5 weeks

Fee Fully Funded

PM1884G Mon 10:00-12:00 23/09/2024 Blandford ALC

LivingWell: Drawing and Painting - 4 weeks

Fee Fully Funded

PM1863G Wed 10:00-12:00 25/09/2024 Kings Park LLC

LivingWell: Drawing and Painting - 5 weeks

Fee Fully Funded

PM1864G Fri 10:00-12:00 06/06/2025 Dolphin Centre

LivingWell: Painting for Relaxation - 8 weeks

Fee Fully Funded

PM1873G Tue 13:30-16:00 08/10/2024 Blandford ALC

LivingWell: Introduction to Crochet - 4 weeks

Fee Fully Funded

PM1883G Mon 10:00-12:00 04/11/2024 Blandford ALC

LivingWell: Craft & Wellbeing - 5 weeks

Fee Fully Funded

PM1878G Mon 10:00-12:00 11/11/2024 Kings Park LLC

PM1879G Mon 13:00-15:00 06/01/2025 Kings Park LLC

LivingWell: Arts & Craft - 4 weeks

Fee Fully Funded

PM1876G Wed 10:00-12:30 25/06/2025 Dorchester LLC

PM1877G Wed 13:30-16:00 25/06/2025 Dorchester LLC

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Visit our website and search the course code to find your course or you can call our friendly customer service team and they'll be happy to help you with the process.



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Mental Health & Wellbeing

LivingWell: Walk & Wellbeing Talk - 4 weeks

Fee Fully Funded

PM1915G Tue 10:00-12:00 03/09/2024 Hengistbury Head EC
 PM1916G Tue 10:00-12:00 05/09/2024 Kings Park LLC
 PM1918G Tue 10:00-12:00 18/03/2025 Hengistbury Head EC
 PM1919G Tue 10:00-12:00 01/07/2025 Hengistbury Head EC

LivingWell: Walk & Wellbeing Talk - 2 weeks

Fee Fully Funded

PM1917G Tue 10:00-12:00 04/02/2025 Kings Park LLC

LivingWell: Improve your Wellbeing - Where to Start 1 day

Fee Fully Funded

PM1905G Wed 12:30-15:00 25/09/2024 Blandford ALC
 PM1906G Mon 13:00-15:30 30/09/2024 Kings Park LLC
 PM1907G Mon 18:00-20:30 06/01/2025 Online

LivingWell: Stress Solutions - 5 weeks

Fee Fully Funded

PM1909G Tue 10:00-12:30 24/09/2024 Dolphin Centre
 PM1910G Mon 13:00-15:30 14/10/2024 Kings Park LLC
 PM1911G Wed 12:30-15:00 26/02/2025 Blandford ALC
 PM1898G Mon 18:30-21:00 12/05/2025 Online
 PM1899G Wed 10:00-12:50 04/06/2025 Kings Park LLC

LivingWell: How to look after your Mental Wellbeing 5 weeks

Fee Fully Funded

PM1901G Wed 12:30-15:00 16/10/2024 Blandford ALC
 PM1902G Tue 10:00-12:30 14/01/2025 Dolphin Centre
 PM1903G Mon 18:30-21:00 20/01/2025 Online
 PM1904G Thu 18:00-20:30 27/02/2025 Kings Park LLC

LivingWell: Upton Country Park - Getting Involved 5 weeks

Fee Fully Funded

PM1912G Wed 13:00-15:30 13/11/2024 Upton Country Park
 PM1913G Wed 13:00-15:30 26/02/2025 Upton Country Park
 PM1914G Wed 13:00-15:30 04/06/2025 Upton Country Park

Fitness

LivingWell: Gentle Movement and Chair Fitness 4 weeks

Fee Fully Funded

PM1890G Thu 10:00-11:30 19/09/2024 Bourne Community Hub

LivingWell: Overcoming Barriers to Healthy Eating 3 weeks

Fee Fully Funded

PM1893G Wed 18:30-20:00 09/10/2024 Dolphin Centre
 PM1894G Thu 18:30-20:00 09/01/2025 Online

Creative Writing

LivingWell: Creative Writing for Wellbeing - 5 weeks

Fee Fully Funded

PM1885G Wed 18:30-20:30 25/09/2024 Kings Park LLC
 PM1886G Wed 18:30-20:30 15/01/2025 Kings Park LLC
 PM1887G Wed 18:30-20:30 23/04/2025 Kings Park LLC

Mindfulness

LivingWell: Exploring Mindfulness - 5 weeks

Fee Fully Funded

PM1895G Tue 10:00-11:30 29/10/2024 Online
 PM1896G Tue 18:30-20:00 18/02/2025 Online

LivingWell: Mindfulness in the Park - 1 day

Fee Fully Funded

PM1974G Sat 10:00-13:00 22/03/2025 Upton Country Park

Singing for Wellbeing

LivingWell: Singing for Wellbeing - 5 weeks

Fee Fully Funded

PM1900G Mon 13:00-14:00 20/01/2025 Henry Brown Centre



Easily enrol on your chosen course!

Visit our website and search the course code to find your course or you can call our friendly customer service team and they'll be happy to help you with the process.



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AgeWell - courses exclusively for over 60s



Are you aged over 60, and looking for a way to learn new skills, meet new people and find a new hobby? AgeWell is a programme of fantastic courses designed to do just that.

Our popular AgeWell courses are designed to support you, through learning, to improve your health and wellbeing. We offer a range of subjects, including painting, languages, computing and digital skills. These courses are a great way to try something new or reconnect with an old hobby.

Please note, when there are a limited number of spaces, we offer priority spaces to those living alone in order to support the wellbeing of our community.

Arts & Crafts

AgeWell: Exploring Drawing - 8 weeks

Fee £140 Concessionary Fee £84

PS1002G Thu 13:30-16:00 10/10/2024 Weymouth LLC

PS1003G Thu 13:30-16:00 23/01/2025 Weymouth LLC

AgeWell: Sewing Machine Skills: Step 1 - 8 weeks

Fee £140 Concessionary Fee £84

PS1060G Tue 13:30-16:00 15/10/2024 Dorchester LLC

AgeWell: Sewing Machine Skills: Step 2 - 8 weeks

Fee £140 Concessionary Fee £84

PS1061G Tue 13:30-16:00 14/01/2025 Dorchester LLC

AgeWell: Sewing Machine Skills: Step 3 - 8 weeks

Fee £140 Concessionary Fee £84

PS1062G Tue 13:30-16:00 13/05/2025 Dorchester LLC

AgeWell: Beginners Oil Painting - 8 weeks

Fee £140 Concessionary Fee £84

PS1000G Tue 13:00-15:30 22/04/2025 Christchurch LLC

AgeWell: Painting for Pleasure - 8 weeks

Fee £140 Concessionary Fee £84

PS1004G Tue 13:00-15:30 28/01/2025 Christchurch LLC

AgeWell: Painting for Pleasure - 5 weeks

Fee £88 Concessionary Fee £53

PS1001G Mon 10:30-13:00 03/03/2025 Upton Country Park

PS1005G Thu 10:00-12:30 24/04/2025 Upton Country Park

Easily enrol on your chosen course!

Visit our website and search the course code to find your course or you can call our friendly customer service team and they'll be happy to help you with the process.



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40% off

Check if you qualify for our concessionary discount on page 21 to claim 40% off your course fee!

Computing & Digital Skills

AgeWell: Getting to Grips with Your Tablet or Smartphone - 6 weeks

Fee Fully Funded

PS1013G Tue 10:00-12:30 10/09/2024 Christchurch LLC
 PS1014G Thu 15:00-17:30 19/09/2024 Dolphin Centre
 PS1015G Thu 15:00-17:30 07/11/2024 Dolphin Centre
 PS1016G Tue 14:00-16:30 10/12/2024 Dorchester LLC
 PS1017G Wed 13:00-15:30 08/01/2025 Blandford ALC
 PS1018G Thu 14:00-16:30 09/01/2025 Weymouth LLC
 PS1019G Thu 15:00-17:30 09/01/2025 Dolphin Centre
 PS1020G Fri 10:00-12:30 10/01/2025 Gillingham Library
 PS1021G Fri 13:00-15:30 10/01/2025 Kings Park LLC
 PS1022G Thu 15:00-17:30 27/02/2025 Dolphin Centre
 PS1023G Fri 10:00-12:30 28/02/2025 Gillingham Library
 PS1024G Fri 13:00-15:30 28/02/2025 Kings Park LLC
 PS1025G Thu 15:00-17:30 24/04/2025 Dolphin Centre
 PS1026G Tue 10:00-12:30 03/06/2025 Christchurch LLC
 PS1027G Wed 13:00-15:30 04/06/2025 Blandford ALC
 PS1029G Thu 14:00-16:30 05/06/2025 Weymouth LLC
 PS1030G Thu 15:00-17:30 12/06/2025 Dolphin Centre

AgeWell: Getting to Grips with Your Tablet or Smartphone - 7 weeks

Fee Fully Funded

PS1028G Thu 12:30-14:30 05/06/2025 Dolphin Centre

AgeWell: ICT for Beginners - 8 weeks

Fee Fully Funded

PS1031G Fri 13:00-15:30 13/09/2024 Kings Park LLC
 PS1032G Tue 14:00-16:30 01/10/2024 Dorchester LLC
 PS1033G Thu 14:00-16:30 03/10/2024 Weymouth LLC
 PS1034G Fri 10:00-12:30 04/10/2024 Gillingham Library
 PS1035G Wed 13:00-15:30 16/10/2024 Blandford ALC
 PS1036G Tue 14:00-16:30 04/02/2025 Dorchester LLC
 PS1037G Wed 13:00-15:30 26/02/2025 Blandford ALC
 PS1038G Thu 14:00-16:30 27/02/2025 Weymouth LLC
 PS1039G Fri 13:00-15:30 25/04/2025 Kings Park LLC
 PS1040G Fri 10:00-12:30 02/05/2025 Gillingham Library

AgeWell: ICT for Beginners: Step 1 - 8/10 weeks

Fee Fully Funded

PS1041G Thu 12:30-14:30 19/09/2024 Dolphin Centre
 PS1042G Tue 10:00-12:30 22/10/2024 Christchurch LLC

AgeWell: ICT for Beginners: Step 2 - 8/10 weeks

Fee Fully Funded

PS1043G Thu 12:30-14:30 05/12/2024 Dolphin Centre
 PS1044G Tue 10:00-12:30 07/01/2025 Christchurch LLC

AgeWell: ICT for Beginners: Step 3 - 8/10 weeks

Fee Fully Funded

PS1045G Thu 12:30-14:30 06/03/2025 Dolphin Centre
 PS1046G Tue 10:00-12:30 11/03/2025 Christchurch LLC

Photography

AgeWell: Digital Photography Beginners - 8 weeks

Fee £140 Concessionary Fee £84

PS1047G Mon 15:30-18:00 16/09/2024 Weymouth LLC
 PS1048G Mon 10:00-12:30 30/09/2024 Blandford ALC
 PS1049G Mon 15:30-18:00 18/11/2024 Weymouth LLC
 PS1050G Mon 15:30-18:00 27/01/2025 Weymouth LLC
 PS1051G Mon 10:00-12:30 12/05/2025 Blandford ALC

AgeWell: Digital Photography Beginners: Step 1 - 8/10 weeks

Fee £140 Concessionary Fee £84

PS1052G Tue 11:30-13:30 10/09/2024 Dolphin Centre
 PS1053G Wed 13:00-15:30 18/09/2024 Christchurch LLC

AgeWell: Digital Photography Beginners: Step 2 - 8/10 weeks

Fee £140 Concessionary Fee £84

PS1054G Wed 13:00-15:30 20/11/2024 Christchurch LLC
 PS1055G Tue 11:30-13:30 26/11/2024 Dolphin Centre

AgeWell: Digital Photography Beginners: Step 3 - 8/10 weeks

Fee £140 Concessionary Fee £84

PS1056G Wed 13:00-15:30 29/01/2025 Christchurch LLC
 PS1057G Tue 11:30-13:30 25/03/2025 Dolphin Centre

AgeWell: Summer Photos - 8 weeks

Fee £140 Concessionary Fee £84

PS1058G Wed 13:00-15:30 23/04/2025 Christchurch LLC



Gardening & Flowers

AgeWell: Fun with Flowers - 4 weeks

Fee £106 Concessionary Fee £64

PS1010G Fri 10:00-12:00 27/09/2024 Kings Park LLC
 PS1011G Fri 10:00-12:00 07/03/2025 Kings Park LLC
 PS1012G Fri 10:00-12:00 25/04/2025 Kings Park LLC

Languages

AgeWell: French Holiday Basics - 4 weeks

Fee £70 Concessionary Fee £42

PS1059G Wed 10:00-12:00 09/07/2025 Dorchester LLC

Courses for Learners with Learning Difficulties and/or Disabilities

We have worked with partners and tutors to develop a series of courses designed for adults who have mild to moderate learning disabilities.

Our courses for learners with learning difficulties and/or disabilities cover a range of subjects, including computers, social communication, cooking, money management, reading and writing. All these courses are free of charge and available in centres across Dorset.

By joining our courses for learners with learning difficulties and/or disabilities we can help you:

- Gain confidence to carry out everyday tasks
- Become more independent
- Meet new people
- Develop essential skills
- Manage money, understand time and communicate more confidently

English

English and Maths at the Crumbs Project 32 weeks

Fee Fully Funded

PV1436G Mon 14:00-16:00 23/09/2024 The Crumbs Centre

Reading and Writing Essentials - 10 weeks

Fee Fully Funded

PV1441G Fri 13:15-15:15 20/09/2024 Christchurch LLC

PV1440G Tue 14:00-16:00 24/09/2024 Dolphin Centre

PV1442G Mon 13:30-15:30 28/04/2025 Dorchester LLC

Maths

Money, Measuring and Time - 10 weeks

Fee Fully Funded

PV1437G Fri 13:30-15:30 17/01/2025 Dorchester LLC

PV1439G Tue 14:00-16:00 22/04/2025 Dolphin Centre

Money, Measuring and Time - 8 weeks

Fee Fully Funded

PV1457G Fri 13:15-15:15 17/01/2025 Christchurch LLC

Science

Exploring Science - 10 weeks

Fee Fully Funded

PV1446G Tue 14:00-16:00 14/01/2025 Dolphin Centre

Computing & Digital Skills

Computer Skills - 10 weeks

Fee Fully Funded

PV1432G Thu 09:45-11:45 26/09/2024 Dolphin Centre

Digital Safety - 10 weeks

Fee Fully Funded

PV1433G Thu 09:45-11:45 16/01/2025 Dolphin Centre

Digital Safety - 8 weeks

Fee Fully Funded

PV1434G Fri 10:00-12:30 24/01/2025 Kings Park LLC

Internet and Social Media - 10 weeks

Fee Fully Funded

PV1435G Thu 09:45-11:45 24/04/2025 Dolphin Centre

Pottery

Introduction to Pottery - 4 weeks

Fee £88 Concessionary Fee £53

PS1455G Mon 13:00-15:00 30/09/2024 Blandford ALC

PS1456G Mon 13:00-15:00 20/01/2025 Blandford ALC

Pottery - 6 weeks

Fee £132 Concessionary Fee £79

PS1458G Mon 13:00-15:00 04/11/2024 Blandford ALC

PS1459G Mon 13:00-15:00 24/02/2025 Blandford ALC

PS1460G Mon 13:00-15:00 02/06/2025 Blandford ALC

Pottery - 5 weeks

Fee £110 Concessionary Fee £66

PS1419G Wed 13:00-15:00 25/09/2024 Blandford ALC

PS1420G Wed 13:00-15:00 06/11/2024 Blandford ALC

PS1421G Wed 13:00-15:00 15/01/2025 Blandford ALC

PS1422G Wed 13:00-15:00 26/02/2025 Blandford ALC

PS1423G Wed 13:00-15:00 23/04/2025 Blandford ALC

PS1424G Wed 13:00-15:00 04/06/2025 Blandford ALC

Communication Skills

Confident Social Communication - 10 weeks

Fee Fully Funded

PV1426G Fri 13:00-15:00 17/01/2025 Dolphin Centre

PV1427G Fri 13:00-15:00 25/04/2025 Dorchester LLC

PV1454G Tue 13:15-15:15 25/04/2025 Christchurch LLC

Wellbeing

Performing Arts - 10 weeks

Fee Fully Funded

PV1447G Thu 18:00-20:00 26/09/2024 Kinson CC

PV1448G Thu 18:00-20:00 16/01/2025 Kinson CC

PV1449G Thu 18:00-20:00 24/04/2025 Kinson CC

Upton Country Park Foundations to Wellbeing 5 weeks

Fee Fully Funded

PV1452G Thu 13:00-15:30 24/04/2025 Upton House

Our Partners

Skills & Learning works in partnership with voluntary, charitable and not-for-profit organisations throughout Dorset, supporting the work they undertake with groups in our communities. Partners help to extend the reach of adult education across the county by offering opportunities for local people to re-engage with learning and by providing specialist programmes and courses that may not appear in our main course guide. This is a selection of the partners we worked with in 2023/24.



Executive Regional Partner of AFC Bournemouth

We are proud to announce that as of March 2024 Skills & Learning Adult Community Education, is now an **Executive Regional Partner** of Premier League team AFC Bournemouth.

This new partnership signifies a shared commitment to fostering personal and professional development within the local community. Through this partnership, Skills & Learning and AFC Bournemouth aim to promote the importance of lifelong learning and encourage individuals to explore new skills and qualifications, regardless of age or background.



SKILLS & LEARNING

Adult Community Education

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